

25 Day Hearty Winter Menu

Dietary Restrictions:

Trip Details:

Bulk Fruit:

Silver Box/Drinks:

*** Don't forget about your snack box and the fruit in your hatches!! ***

Total individuals: 16
 Total servings: 16.0

Shopping / Packing List

Qty	Unit	Item	Meal(s)	Store	Notes	US	Cost
<input type="checkbox"/>	4.0	pound(s) BBQ Pulled Pork (PM)	Dinner BBQ Pulled Pork (PM) (4.0)	Artisan's Kitchen	Meat Cooler	63.89 oz \$ (3.99 lb)	\$ 64.00
<input type="checkbox"/>	16.0	whole Artichoke Lasagna	Dinner Artichoke Lasagna (PM) (16.0)	Artisan's Kitchen	Meat Cooler		\$ 160.00
<input type="checkbox"/>	10.4	loaf Bread	Lunch Cold Cut Sammies (5.2), Lunch BLTA (2.6), Lunch Cold Cut Sammies 2nd Half (2.6)	Bread	Bread Box		\$ 54.39
<input type="checkbox"/>	21.0	package(s) Pita Bread	Lunch Hummus Pitas (3.0), Lunch Hummus Pitas 2nd Half (6.0), Lunch Tuna Salad 2nd Half (3.0), Lunch Chicken Caesar Pitas (3.0), Lunch Tuna Salad (3.0), Lunch Chicken Salad Pitas 2nd Half (3.0)	Bread	Bread Box		\$ 51.24
<input type="checkbox"/>	18.0	loaf Sourdough	Dinner Grilled Herb Chicken (2.0), Dinner Pesto Gnocchi with Andouille 2nd Half (2.0), Dinner Tortellini w/ Chicken (4.0), Dinner Beef Stew (2.0), Dinner Fettuccine Alfredo with Chicken (2.0), Dinner Artichoke Lasagna (PM) (2.0), Dinner Italian Sausage Lasagna (DO) (2.0), Dinner River Pasta with Chicken (2.0)	Bread	Bread Box		\$ 60.66
<input type="checkbox"/>	2.0	package(s) Hamburger Buns	Dinner BBQ Pulled Pork (PM) (2.0)	Bread	Bread Box		\$ 6.74
<input type="checkbox"/>	13.0	bag(s) Bagels	Lunch Lox on Bagels with Cream Cheese 2nd Half (3.2), Lunch Bagel Sandwiches (3.2), Breakfast Bagels with Hard Boiled Eggs (3.2), Breakfast Oatmeal & Bagels (3.4)	Bread	Bread Box		\$ 65.00
<input type="checkbox"/>	9.0	package(s) English Muffins	Breakfast Egg Muffins 2nd Half (1.5), Breakfast Scrommlets and Breakfast Sausage (2.0), Breakfast Eggs Benedict (2.0), Breakfast Eggs, Bacon, and English Muffins (2.0), Breakfast Egg Muffins (1.5)	Bread	Bread Box		\$ 32.85
<input type="checkbox"/>	12.0	loaf Texas Toast	Breakfast Blueberry French Toast with Bacon (3.0), Dinner Grilled Ham, Cheese, & Tomato Soup (3.0), Breakfast French Toast and Bacon (3.0), Breakfast Blueberry French Toast with Sausage (3.0)	Bread	Bread Box		\$ 38.64
<input type="checkbox"/>	9.0	box(es) Milk	Breakfast Blueberry French Toast with Bacon (1.0), Breakfast Yogurt and Granola, with Oatmeal (2.0), Breakfast Eggs Benedict (1.0), Breakfast French Toast and Bacon (1.0), Breakfast Oatmeal & Bagels (1.0), Breakfast Blueberry French Toast with Sausage (1.0), Breakfast Yogurt, Granola, Bacon and Boiled Eggs (2.0)	Dollar Store	Day Box		\$ 11.25
<input type="checkbox"/>	5.0	box(es) Jambalaya	Dinner Jambalaya with Shrimp and Sausage 2nd Half (5.0)	Fry's	Day Box		\$ 12.45
<input type="checkbox"/>	4.0	jar(s) Pickles	Lunch Cold Cut Sammies (2.0), Lunch Roast Beef Wraps 2nd Half (1.0), Lunch Cold Cut Sammies 2nd Half (1.0)	Fry's	Day Box		\$ 10.76
<input type="checkbox"/>	3.0	jar(s) Pepperoncinis	Lunch Cold Cut Sammies (2.0), Lunch Cold Cut Sammies 2nd Half (1.0)	Fry's	Day Box		\$ 8.07
<input type="checkbox"/>	24.0	package(s) Cookies	Lunch Cold Cut Sammies (2.0), Lunch Hummus Pitas (1.0), Lunch Hummus Pitas 2nd Half (2.0), Lunch Lox on Bagels with Cream Cheese 2nd Half (1.0), Lunch Taco Salad 2nd Half (2.0), Lunch Tuna Salad 2nd Half (1.0), Lunch Reuben Wraps (1.0), Lunch Cuban Wrap (2.0), Lunch Chicken Caesar Pitas (1.0), Lunch Chicken Curry Wraps 2nd Half (1.0), Lunch Tuna Salad (1.0), Lunch Bagel Sandwiches (1.0), Lunch BLTA (1.0), Lunch Mexi Wraps (2.0), Lunch River Pasta Salad (2.0), Lunch Chicken Salad Pitas 2nd Half (1.0), Lunch Roast Beef Wraps 2nd Half (1.0), Lunch Cold Cut Sammies 2nd Half (1.0)	Fry's	Day Box		\$ 108.00
<input type="checkbox"/>	9.0	package(s) Taco Seasoning	Dinner Fish Tacos (1.0), Lunch Taco Salad 2nd Half (2.0), Dinner Quick Steak Fajitas 2nd Half (2.0), Dinner Beef Tacos (2.0), Lunch Mexi Wraps (2.0)	Fry's	Day Box		\$ 6.30
<input type="checkbox"/>	2.0	bottle(s) Salad Dressing	Appetizer Mixed Green Salad (1.0), Appetizer Spinach Salad (1.0)	Fry's	Day Box		\$ 7.38
<input type="checkbox"/>	1.0	bottle(s) Herb and Garlic Marinade	Dinner Grilled Herb Chicken (1.0)	Fry's	Day Box		\$ 3.49
<input type="checkbox"/>	4.0	jar(s) Minced Garlic	Dinner Grilled Herb Chicken (1.0), Dinner Beef Chili (1.0), Dinner Steaks and Potatoes 2nd Half (1.0), Dinner Pesto Gnocchi with Andouille 2nd Half (1.0)	Fry's	Day Box		\$ 7.96
<input type="checkbox"/>	3.0	package(s) Chili Seasoning	Dinner Beef Chili (3.0)	Fry's	Day Box		\$ 2.97
<input type="checkbox"/>	2.0	jar(s) Capers	Lunch Lox on Bagels with Cream Cheese 2nd Half (1.0), Appetizer Smoked Oysters (1.0)	Fry's	Day Box		\$ 8.98
<input type="checkbox"/>	3.0	bottle(s) Relish	Lunch Tuna Salad 2nd Half (1.0), Lunch Tuna Salad (1.0), Lunch Chicken Salad Pitas 2nd Half (1.0)	Fry's	Day Box		\$ 5.97
<input type="checkbox"/>	1.0	bottle(s) Thousand Island Dressing	Lunch Reuben Wraps (1.0)	Fry's	Day Box		\$ 3.69
<input type="checkbox"/>	3.0	package(s) Sunflower Seeds	Appetizer Spinach Salad (1.0), Side Dish River Slaw (2.0)	Fry's	Day Box		\$ 3.00
<input type="checkbox"/>	6.0	can(s) Canned Blueberries	Breakfast Blueberry French Toast with Bacon (3.0), Breakfast Blueberry French Toast with Sausage (3.0)	Fry's	Day Box		\$ 43.74
<input type="checkbox"/>	1.0	box(es) Instant White Rice	Breakfast Gallo Pinto (1.0)	Fry's	Day Box		\$ 4.99
<input type="checkbox"/>	4.0	box(es) Squash Soup	Appetizer Squash Soup (4.0)	Fry's	Day Box		\$ 17.96
<input type="checkbox"/>	2.0	bottle(s) Spicy Mustard	Lunch Cuban Wrap (2.0)	Fry's	Day Box		\$ 3.58
<input type="checkbox"/>	2.0	jar(s) Dill Pickle Spears	Lunch Cuban Wrap (2.0)	Fry's	Day Box		\$ 7.98

Qty	Unit	Item	Meal(s)	Store	Notes	US	Cost
<input type="checkbox"/>	1.0	bottle(s) Caesar Dressing	Lunch Chicken Caesar Pitas (1.0)	Fry's	Day Box		\$ 3.99
<input type="checkbox"/>	6.0	jar(s) Green Curry Paste	Lunch Chicken Curry Wraps 2nd Half (2.0), Dinner Chicken Curry (2.0), Dinner Cauliflower and Potato Curry (2.0)	Fry's	Day Box		\$ 29.94
<input type="checkbox"/>	2.0	package(s) Bob's Red Mill Veggie Soup	Appetizer Hearty Vegetable Soup (2.0)	Fry's	Day Box		\$ 10.00
<input type="checkbox"/>	2.0	jar(s) Diced Jalapeno	Appetizer Cowboy Candy (2.0)	Fry's	Day Box		\$ 4.58
<input type="checkbox"/>	6.0	package(s) Gnocchi	Dinner Pesto Gnocchi with Andouille 2nd Half (6.0)	Fry's	Day Box		\$ 17.94
<input type="checkbox"/>	6.0	jar(s) Roasted Red Peppers	Dinner Pesto Gnocchi with Andouille 2nd Half (2.0), Dinner Fettuccine Alfredo with Chicken (2.0), Lunch River Pasta Salad (2.0)	Fry's	Day Box		\$ 14.34
<input type="checkbox"/>	8.0	package(s) Dried Tortellini	Dinner Tortellini w/ Chicken (8.0)	Fry's	Day Box		\$ 48.00
<input type="checkbox"/>	4.0	can(s) Canned Spinach	Breakfast Scrommlets and Breakfast Sausage (1.0), Breakfast Quick Bacon Scramble 2nd Half (1.0), Dinner Italian Sausage Lasagna (DO) (2.0)	Fry's	Day Box		\$ 6.36
<input type="checkbox"/>	1.0	can(s) Enchilada Sauce	Breakfast Chilaquiles (1.0)	Fry's	Meat Cooler		\$ 3.49
<input type="checkbox"/>	4.0	box(es) Tomato Soup	Dinner Grilled Ham, Cheese, & Tomato Soup (4.0)	Fry's	Day Box		\$ 17.96
<input type="checkbox"/>	4.0	jar(s) Ranchero Salsa/Sauce	Breakfast Huevos Rancheros (4.0)	Fry's	Day Box		\$ 5.00
<input type="checkbox"/>	11.0	can(s) Refried Beans	Breakfast Huevos Rancheros (4.0), Appetizer Tostadas (3.0), Dinner Beef Tacos (4.0)	Fry's	Day Box		\$ 12.82
<input type="checkbox"/>	1.0	package(s) Wooden Skewers x 100	Dinner Kabobs (1.0)	Fry's	Day Box		\$ 6.00
<input type="checkbox"/>	1.0	bottle(s) Sweet and Sour Sauce	Appetizer Egg Rolls (1.0)	Fry's	Day Box		\$ 3.49
<input type="checkbox"/>	8.0	can(s) Coconut Cream	Dinner Chicken Curry (4.0), Dinner Cauliflower and Potato Curry (4.0)	Fry's	Day Box		\$ 40.00
<input type="checkbox"/>	5.0	bag(s) Jasmine Rice	Dinner Chicken Curry (1.0), Dinner Chicken Stir Fry (1.0), Dinner Cauliflower and Potato Curry (1.0), Side Dish Cilantro Lime Rice (2.0)	Fry's	Day Box		\$ 21.95
<input type="checkbox"/>	2.0	can(s) Canned Water Chestnuts	Dinner Chicken Stir Fry (2.0)	Fry's	Day Box		\$ 2.98
<input type="checkbox"/>	2.0	can(s) Canned Baby Corn	Dinner Chicken Stir Fry (2.0)	Fry's	Day Box		\$ 4.98
<input type="checkbox"/>	2.0	can(s) Canned Bean Sprouts	Dinner Chicken Stir Fry (2.0)	Fry's	Day Box		\$ 3.98
<input type="checkbox"/>	3.0	bottle(s) Tamari Soy Sauce	Dinner Chicken Stir Fry (2.0), Appetizer Edamame (1.0)	Fry's	Day Box		\$ 11.07
<input type="checkbox"/>	2.0	bottle(s) Stir-Fry Sauce	Dinner Chicken Stir Fry (2.0)	Fry's	Day Box		\$ 6.58
<input type="checkbox"/>	2.0	box(es) Beef Broth	Dinner Beef Stew (2.0)	Fry's	Day Box		\$ 6.00
<input type="checkbox"/>	3.0	box(es) Fettuccine Noodles	Dinner Fettuccine Alfredo with Chicken (3.0)	Fry's	Day Box		\$ 5.97
<input type="checkbox"/>	3.0	jar(s) Alfredo Sauce	Dinner Fettuccine Alfredo with Chicken (3.0)	Fry's	Day Box		\$ 8.97
<input type="checkbox"/>	7.0	jar(s) Sun Dried Tomatoes	Lunch River Pasta Salad (4.0), Dinner River Pasta with Chicken (3.0)	Fry's	Day Box		\$ 38.43
<input type="checkbox"/>	8.0	can(s) Canned Artichoke Hearts	Lunch River Pasta Salad (4.0), Dinner River Pasta with Chicken (4.0)	Fry's	Day Box		\$ 31.92
<input type="checkbox"/>	2.0	package(s) Hollandaise Sauce	Breakfast Eggs Benedict (2.0)	Fry's	Day Box		\$ 4.38
<input type="checkbox"/>	1.0	can(s) Canned Asparagus	Breakfast Eggs Benedict (1.0)	Fry's	Day Box		\$ 5.00
<input type="checkbox"/>	2.0	package(s) Yellow Cake Mix	Dessert Apple Crisp (DO) (2.0)	Fry's	Day Box		\$ 3.98
<input type="checkbox"/>	16.0	whole Lil Debbie Cakes	Dessert Little Debbie Cakes (16.0)	Fry's	Day Box		\$ 44.64
<input type="checkbox"/>	1.0	bag(s) Marshmallows	Dessert S'mores (1.0)	Fry's	Day Box		\$ 2.49
<input type="checkbox"/>	1.0	package(s) Wooden Skewers x 50	Dessert S'mores (1.0)	Fry's	Day Box		\$ 3.00
<input type="checkbox"/>	2.0	box(es) No Bake Cheesecake	Dessert No Bake Cheesecake (2.0)	Fry's	Day Box		\$ 7.98
<input type="checkbox"/>	2.0	bottle(s) Coleslaw Dressing	Side Dish River Slaw (2.0)	Fry's	Day Box		\$ 6.00
<input type="checkbox"/>	2.0	box(es) Yellow Cake Mix	Dessert Mixed Berry Cobbler (DO) (2.0)	Fry's	Day Box		\$ 3.98
<input type="checkbox"/>	6.0	package(s) Smoked Oysters	Appetizer Smoked Oysters (6.0)	Fry's	Meat Cooler		\$ 11.34
<input type="checkbox"/>	2.0	package(s) Pepperidge Farms Cookies	Dessert Pepperidge Farms Cookies (2.0)	Fry's	Day Box		\$ 9.98

Qty	Unit	Item	Meal(s)	Store	Notes	US	Cost
2.0	box(es)	Pineapple Upside Down Cake Mix	Dessert Pineapple Upside Down Cake (DO) (2.0)	Fry's	Day Box		\$ 4.98
1.0	can(s)	Canned Pineapple	Dessert Pineapple Upside Down Cake (DO) (1.0)	Fry's	Day Box		\$ 2.49
2.0	box(es)	Fortune Cookies	Dessert Fortune Cookies (2.0)	Fry's	Day Box		\$ 4.58
36.0	can(s)	Stax	Lunch Cold Cut Sammies (4.0), Lunch Hummus Pitas (2.0), Lunch Hummus Pitas 2nd Half (4.0), Lunch Lox on Bagels with Cream Cheese 2nd Half (2.0), Lunch Tuna Salad 2nd Half (2.0), Lunch Reuben Wraps (2.0), Lunch Chicken Caesar Pitas (2.0), Lunch Chicken Curry Wraps 2nd Half (2.0), Lunch Tuna Salad (2.0), Lunch Bagel Sandwiches (2.0), Lunch BLTA (2.0), Lunch River Pasta Salad (4.0), Lunch Chicken Salad Pitas 2nd Half (2.0), Lunch Roast Beef Wraps 2nd Half (2.0), Lunch Cold Cut Sammies 2nd Half (2.0)	Fry's	Day Box		\$ 90.00
8.0	package(s)	Instant Mashed Potatoes	Dinner Steaks and Potatoes 2nd Half (4.0), Dinner Grilled Wild Salmon (4.0)	Fry's	Day Box		\$ 22.32
2.0	bottle(s)	Sauerkraut	Lunch Reuben Wraps (2.0)	Fry's	Day Box		\$ 5.38
1.0	bottle(s)	Caesar Dressing	Appetizer Caesar Salad (1.0)	Fry's	Day Box		\$ 3.99
2.0	box(es)	Pancake Mix	Breakfast Pancakes, Eggs, and Sausage (2.0)	Fry's	Day Box		\$ 8.98
2.0	jar(s)	Jelly	Breakfast Bagels with Hard Boiled Eggs (1.0), Breakfast Eggs, Bacon, and English Muffins (1.0)	Fry's	Day Box		\$ 13.98
4.0	box(es)	Oven Ready Lasagna Noodles	Dinner Italian Sausage Lasagna (DO) (4.0)	Fry's	Day Box		\$ 13.16
1.0	package(s)	Frozen Cubed Breakfast Potatoes	Breakfast Eggs, Bacon, Hash Browns (1.0)	Fry's Dairy	Meat Cooler		\$ 9.00
1.5	cup(s)	Heavy Whipping Cream	Dinner Pesto Gnocchi with Andouille 2nd Half (1.5)	Fry's Dairy	Dairy Cooler	11.99 fl oz	\$ 4.49
3.0	package(s)	Veggie Flavored Cream Cheese	Lunch Bagel Sandwiches (3.0)	Fry's Dairy	Day Box		\$ 13.47
6.0	bag(s)	Cheese Cubes	Lunch River Pasta Salad (6.0)	Fry's Dairy	Diary Cooler		\$ 36.00
2.0	package(s)	Herb and Cheese Dip	Appetizer Pretzels and Cheese Dip (2.0)	Fry's Dairy	Dairy Cooler		\$ 14.98
26.0	whole	Yellow Onion	Dinner Jambalaya with Shrimp and Sausage 2nd Half (1.0), Dinner Beef Chili (2.0), Dinner Steaks and Potatoes 2nd Half (2.0), Breakfast Burritos Bacon (1.0), Breakfast Gallo Pinto (1.0), Appetizer Hearty Vegetable Soup (1.0), Dinner Pesto Gnocchi with Andouille 2nd Half (1.0), Breakfast Scrommlets and Breakfast Sausage (1.0), Dinner Kabobs (3.0), Dinner Beef Tacos (1.0), Dinner Chicken Curry (2.0), Dinner Grilled Wild Salmon (2.0), Dinner Chicken Stir Fry (2.0), Dinner Beef Stew (2.0), Dinner Cauliflower and Potato Curry (1.0), Breakfast Quick Bacon Scramble 2nd Half (1.0), Dinner Steak Fajitas (2.0)	Produce	Produce Crate		\$ 13.00
5.0	head(s)	Iceberg Lettuce	Lunch Cold Cut Sammies (2.0), Lunch Tuna Salad (1.0), Lunch BLTA (2.0)	Produce	Produce Cooler		\$ 11.20
40.0	whole	Avocados	Lunch Cold Cut Sammies (6.0), Dinner Fish Tacos (3.0), Appetizer Mixed Green Salad (3.0), Appetizer Spinach Salad (2.0), Breakfast Gallo Pinto (4.0), Lunch Chicken Curry Wraps 2nd Half (4.0), Breakfast Chilaquiles (4.0), Dinner Grilled Ham, Cheese, & Tomato Soup (4.0), Lunch BLTA (4.0), Dinner Steak Fajitas (3.0), Breakfast Egg Muffins (3.0)	Produce	Produce Cooler		\$ 60.00
37.0	whole	Tomatoes	Lunch Cold Cut Sammies (6.0), Lunch Hummus Pitas (4.0), Dinner Fish Tacos (3.0), Appetizer Mixed Green Salad (3.0), Dinner Grilled Ham, Cheese, & Tomato Soup (4.0), Lunch Tuna Salad (3.0), Lunch Bagel Sandwiches (3.0), Lunch BLTA (5.0), Dinner Steak Fajitas (3.0), Breakfast Egg Muffins (3.0)	Produce	Produce Cooler		\$ 37.00
12.0	whole	Red Onion	Lunch Cold Cut Sammies (2.0), Dinner Fish Tacos (1.0), Lunch Lox on Bagels with Cream Cheese 2nd Half (1.0), Lunch Tuna Salad 2nd Half (1.0), Appetizer Spinach Salad (1.0), Lunch Chicken Caesar Pitas (1.0), Appetizer Caesar Salad (1.0), Lunch Tuna Salad (1.0), Lunch Chicken Salad Pitas 2nd Half (1.0), Lunch Roast Beef Wraps 2nd Half (1.0), Lunch Cold Cut Sammies 2nd Half (1.0)	Produce	Produce Crate		\$ 12.00
26.0	whole	Yellow Bell Pepper	Lunch Hummus Pitas (3.0), Lunch Hummus Pitas 2nd Half (8.0), Breakfast Burritos Bacon (2.0), Breakfast Scrommlets and Breakfast Sausage (2.0), Dinner Kabobs (4.0), Dinner Chicken Curry (2.0), Dinner Fettuccine Alfredo with Chicken (2.0), Dinner Steak Fajitas (3.0)	Produce	Produce Cooler		\$ 39.00
24.0	whole	Red Bell Pepper	Lunch Hummus Pitas (3.0), Appetizer Spinach Salad (2.0), Breakfast Burritos Bacon (2.0), Breakfast Scrommlets and Breakfast Sausage (2.0), Dinner Kabobs (4.0), Lunch Bagel Sandwiches (4.0), Dinner Chicken Stir Fry (4.0), Dinner Steak Fajitas (3.0)	Produce	Produce Cooler		\$ 27.84
6.0	whole	Cucumbers	Lunch Hummus Pitas (3.0), Lunch Bagel Sandwiches (3.0)	Produce	Produce		\$ 3.00
7.0	bag(s)	Baby Carrots	Lunch Hummus Pitas (2.0), Lunch Hummus Pitas 2nd Half (4.0), Appetizer Hearty Vegetable Soup (1.0)	Produce	Produce Cooler		\$ 12.53
12.0	whole	Limes	Dinner Fish Tacos (4.0), Side Dish Cilantro Lime Rice (8.0)	Produce	Produce Crate		\$ 7.08
8.0	head(s)	Green Cabbage	Dinner Fish Tacos (1.0), Lunch Taco Salad 2nd Half (2.0), Lunch Chicken Curry Wraps 2nd Half (1.0), Dinner Beef Tacos (1.0), Dinner Chicken Stir Fry (1.0), Side Dish River Slaw (2.0)	Produce	Produce Crate		\$ 10.40
5.5	pound(s)	Carrots	Appetizer Mixed Green Salad (0.5), Dinner Chicken Curry (1.0), Dinner Beef Stew (1.0), Dinner Cauliflower and Potato Curry (1.0), Side Dish River Slaw (2.0)	Produce	Produce oz Cooler	87.85 (5.49 lb)	\$ 8.20
66.5	dozen(s)	Eggs	Breakfast Burritos Bacon 2nd Half (3.0), Breakfast Eggs, Bacon, Hash Browns (3.0), Breakfast Egg Muffins 2nd Half (3.0), Breakfast Blueberry French Toast with Bacon (3.0), Breakfast Burritos Bacon (3.0), Breakfast Gallo Pinto (3.0), Breakfast Quick Steak Burritos 2nd Half (3.0), Breakfast Scrommlets and Breakfast Sausage (3.0), Breakfast Chilaquiles (3.0), Breakfast Huevos Rancheros (3.0), Breakfast Pancakes, Eggs, and Sausage (3.0), Breakfast Eggs Benedict (3.0), Breakfast Oatmeal and Hard Boiled Eggs (8.0), Breakfast French Toast and Bacon (2.0), Breakfast Quick Bacon Scramble 2nd Half (3.0), Breakfast Bagels with Hard Boiled Eggs (3.0), Breakfast Eggs, Bacon, and English Muffins (3.0), Breakfast Blueberry French Toast with Sausage (2.0), Breakfast Tacos 2nd Half (3.0), Breakfast Yogurt, Granola, Bacon and Boiled Eggs (3.0), Breakfast Egg Muffins (3.0), Dessert Pineapple Upside Down Cake (DO) (0.5)	Produce	Egg Can		\$ 199.50
37.0	whole	Potatoes	Breakfast Burritos Bacon 2nd Half (6.0), Breakfast Burritos Bacon (6.0), Dinner Chicken Curry (6.0), Dinner Beef Stew (5.0), Dinner Cauliflower and Potato Curry (8.0), Breakfast Tacos 2nd Half (6.0)	Produce	Produce Crate		\$ 22.20
3.0	head(s)	Red Cabbage	Lunch Tuna Salad 2nd Half (1.0), Side Dish River Slaw (2.0)	Produce	Produce Crate		\$ 3.90
5.0	head(s)	Romaine Lettuce	Lunch Chicken Caesar Pitas (2.0), Appetizer Caesar Salad (2.0), Lunch Bagel Sandwiches (1.0)	Produce	Produce Cooler		\$ 13.50
1.0	bunch(es)	Celery	Lunch Tuna Salad (0.5), Dinner Beef Stew (0.5)	Produce	Produce Cooler		\$ 2.00

Qty	Unit	Item	Meal(s)	Store	Notes	US	Cost
<input type="checkbox"/>	10.0	whole	Zucchini	Dinner Kabobs (4.0), Dinner Chicken Stir Fry (4.0), Dinner Fettuccine Alfredo with Chicken (2.0)	Produce	Produce Cooler	\$ 17.20
<input type="checkbox"/>	8.0	whole	Yellow Squash	Dinner Kabobs (4.0), Dinner Cauliflower and Potato Curry (4.0)	Produce	Produce Cooler	\$ 16.96
<input type="checkbox"/>	1.0	package(s)	Fresh Mushrooms	Dinner Kabobs (1.0)	Produce	Produce Cooler	\$ 5.88
<input type="checkbox"/>	4.0	pound(s)	Asparagus	Dinner Grilled Wild Salmon (4.0)	Produce	Produce oz Cooler	63.89 \$ (3.99 16.00 lb)
<input type="checkbox"/>	4.0	whole	Lemons	Dinner Grilled Wild Salmon (4.0)	Produce	Produce Crate	\$ 2.40
<input type="checkbox"/>	1.0	pound(s)	Snap Peas	Dinner Chicken Stir Fry (1.0)	Produce	Produce 15.97 oz Cooler	\$ 5.98
<input type="checkbox"/>	2.0	head(s)	Cauliflower	Dinner Cauliflower and Potato Curry (2.0)	Produce	Produce Cooler	\$ 8.00
<input type="checkbox"/>	24.0	whole	Apples	Dessert Apple Crisp (DO) (20.0), Side Dish River Slaw (4.0)	Produce	Produce Crate	\$ 24.00
<input type="checkbox"/>	8.0	whole	Jalapenos	Side Dish Cilantro Lime Rice (8.0)	Produce	Produce Cooler	\$ 7.92
<input type="checkbox"/>	28.0	whole	Andouille Sausage	Dinner Jambalaya with Shrimp and Sausage 2nd Half (12.0), Dinner Pesto Gnocchi with Andouille 2nd Half (16.0)	Randal's	Meat Cooler	\$ 98.00
<input type="checkbox"/>	12.0	pound(s)	Sliced Deli Meat	Lunch Cold Cut Sammies (8.0), Lunch Cold Cut Sammies 2nd Half (4.0)	Randal's	Meat Cooler	191.66 oz \$ (11.98 81.00 lb)
<input type="checkbox"/>	36.0	whole	Chicken Breasts	Dinner Grilled Herb Chicken (18.0), Dinner Grilled BBQ Chicken (18.0)	Randal's	Meat Cooler	\$ 162.00
<input type="checkbox"/>	8.0	pound(s)	Ground Beef	Dinner Beef Chili (4.0), Dinner Beef Tacos (4.0)	Randal's	Meat Cooler	127.77 oz \$ (7.99 63.92 lb)
<input type="checkbox"/>	6.0	pound(s)	Sliced Turkey	Lunch Hummus Pitas 2nd Half (6.0)	Randal's	Meat Cooler	95.83 oz \$ (5.99 89.94 lb)
<input type="checkbox"/>	16.0	whole	Steaks	Dinner Steaks and Potatoes 2nd Half (16.0)	Randal's	Meat Cooler	\$ 480.00
<input type="checkbox"/>	28.0	pound(s)	Bacon	Breakfast Burritos Bacon 2nd Half (4.0), Breakfast Blueberry French Toast with Bacon (4.0), Breakfast Burritos Bacon (4.0), Breakfast Gallo Pinto (4.0), Breakfast Huevos Rancheros (4.0), Breakfast French Toast and Bacon (4.0), Breakfast Eggs, Bacon, and English Muffins (4.0)	Randal's	Meat Cooler	447.21 oz \$ (27.95 280.00 lb)
<input type="checkbox"/>	4.0	pound(s)	Sliced Pastrami	Lunch Reuben Wraps (4.0)	Randal's	Meat Cooler	63.89 oz \$ (3.99 55.96 lb)
<input type="checkbox"/>	9.0	pound(s)	Canadian Bacon	Breakfast Egg Muffins 2nd Half (3.0), Breakfast Eggs Benedict (3.0), Breakfast Egg Muffins (3.0)	Randal's	Meat Cooler	143.75 oz \$ (8.98 90.00 lb)
<input type="checkbox"/>	8.0	pound(s)	Pre-cooked Steak Strips	Breakfast Quick Steak Burritos 2nd Half (4.0), Dinner Quick Steak Fajitas 2nd Half (4.0)	Randal's	Meat Cooler	127.77 oz \$ (7.99 128.00 lb)
<input type="checkbox"/>	14.0	pound(s)	Sliced Ham	Lunch Cuban Wrap (6.0), Dinner Grilled Ham, Cheese, & Tomato Soup (4.0), Lunch Bagel Sandwiches (4.0)	Randal's	Meat Cooler	223.61 oz \$ (13.98 84.00 lb)
<input type="checkbox"/>	8.0	pound(s)	Pre-cooked Chicken Strips	Dinner Tortellini w/ Chicken (8.0)	Randal's	Meat Cooler	127.77 oz \$ (7.99 35.92 lb)
<input type="checkbox"/>	12.0	pound(s)	Breakfast Sausage	Breakfast Scrommlets and Breakfast Sausage (4.0), Breakfast Pancakes, Eggs, and Sausage (4.0), Breakfast Blueberry French Toast with Sausage (4.0)	Randal's	Meat Cooler	191.66 oz \$ (11.98 95.88 lb)
<input type="checkbox"/>	8.0	pound(s)	Chorizo	Breakfast Chilaquiles (4.0), Breakfast Tacos 2nd Half (4.0)	Randal's	Meat Cooler	127.77 oz \$ (7.99 63.92 lb)
<input type="checkbox"/>	6.0	pound(s)	Cubed Beef	Dinner Kabobs (2.0), Dinner Beef Stew (4.0)	Randal's	Meat Cooler	95.83 oz \$ (5.99 95.94 lb)
<input type="checkbox"/>	18.0	pound(s)	Cubed Chicken	Dinner Kabobs (2.0), Dinner Chicken Curry (4.0), Dinner Chicken Stir Fry (4.0), Dinner Fettuccine Alfredo with Chicken (4.0), Dinner River Pasta with Chicken (4.0)	Randal's	Meat Cooler	287.49 oz \$ (17.97 161.82 lb)
<input type="checkbox"/>	5.0	pound(s)	Wild Salmon	Dinner Grilled Wild Salmon (5.0)	Randal's	Meat Cooler	79.86 oz \$ (4.99 89.95 lb)
<input type="checkbox"/>	4.0	pound(s)	Sliced Roast Beef	Lunch Roast Beef Wraps 2nd Half (4.0)	Randal's	Meat Cooler	63.89 oz \$ (3.99 27.96 lb)
<input type="checkbox"/>	4.0	pound(s)	Steak Fajita Meat	Dinner Steak Fajitas (4.0)	Randal's	Meat Cooler	63.89 oz \$ (3.99 63.96 lb)

Qty	Unit	Item	Meal(s)	Store	Notes	US	Cost
<input type="checkbox"/>	4.0	pound(s)	Ground Italian Sausage	Dinner Italian Sausage Lasagna (DO) (4.0)	Randal's	Meat Cooler	63.89 oz \$ 31.96 (3.99 lb)
<input type="checkbox"/>	16.0	whole	Safeway Lunch Stop	Safeway Lunch (Grocery Stop Before Leaving Town) (16.0)	Safeway		\$ 0.00
<input type="checkbox"/>	11.0	can(s)	Canned Mushrooms	Dinner Jambalaya with Shrimp and Sausage 2nd Half (2.0), Dinner Steaks and Potatoes 2nd Half (4.0), Breakfast Scrommlets and Breakfast Sausage (2.0), Dinner Fettuccine Alfredo with Chicken (1.0), Breakfast Quick Bacon Scramble 2nd Half (2.0)	Sam's	Day Box	\$ 12.17
<input type="checkbox"/>	18.0	can(s)	Diced Tomatoes	Dinner Jambalaya with Shrimp and Sausage 2nd Half (2.0), Dinner Beef Chili (5.0), Lunch Tuna Salad 2nd Half (2.0), Dinner Beef Tacos (3.0), Lunch Mexi Wraps (2.0), Lunch Chicken Salad Pitas 2nd Half (2.0), Lunch Roast Beef Wraps 2nd Half (2.0)	Sam's	Day Box	\$ 13.47
<input type="checkbox"/>	1.0	bag(s)	Trail Mix	Lunch Hummus Pitas (1.0)	Sam's	Day Box	\$ 12.98
<input type="checkbox"/>	5.0	bag(s)	Beef Jerky	Lunch Hummus Pitas (1.0), Lunch Hummus Pitas 2nd Half (2.0), Lunch Taco Salad 2nd Half (2.0)	Sam's	Day Box	\$ 80.00
<input type="checkbox"/>	19.0	can(s)	Diced Green Chiles	Dinner Fish Tacos (2.0), Dinner Beef Chili (2.0), Lunch Taco Salad 2nd Half (2.0), Breakfast Egg Muffins 2nd Half (2.0), Breakfast Huevos Rancheros (2.0), Dinner Beef Tacos (2.0), Lunch Mexi Wraps (2.0), Dinner Steak Fajitas (2.0), Appetizer Train Wreck (1.0), Breakfast Egg Muffins (2.0)	Sam's	Day Box	\$ 19.00
<input type="checkbox"/>	19.0	jar(s)	Salsa	Dinner Fish Tacos (1.0), Lunch Taco Salad 2nd Half (2.0), Breakfast Burritos Bacon 2nd Half (1.0), Breakfast Eggs, Bacon, Hash Browns (1.0), Breakfast Burritos Bacon (1.0), Breakfast Gallo Pinto (1.0), Breakfast Quick Steak Burritos 2nd Half (1.0), Dinner Quick Steak Fajitas 2nd Half (1.0), Sam's Breakfast Chilaquiles (1.0), Appetizer Tostadas (1.0), Lunch Mexi Wraps (2.0), Appetizer Tortilla Chips, Salsa, and Guacamole (2.0), Breakfast Quick Bacon Scramble 2nd Half (1.0), Dinner Steak Fajitas (1.0), Appetizer Train Wreck (1.0), Breakfast Tacos 2nd Half (1.0)	Sam's	Day Box	\$ 100.51
<input type="checkbox"/>	29.0	can(s)	Black Beans	Dinner Fish Tacos (4.0), Lunch Taco Salad 2nd Half (4.0), Breakfast Burritos Bacon 2nd Half (3.0), Breakfast Burritos Bacon (3.0), Breakfast Gallo Pinto (4.0), Breakfast Quick Steak Burritos 2nd Half (3.0), Dinner Quick Steak Fajitas 2nd Half (2.0), Lunch Mexi Wraps (4.0), Appetizer Train Wreck (2.0)	Sam's	Day Box	\$ 1.81
<input type="checkbox"/>	3.0	package(s)	Croutons	Appetizer Mixed Green Salad (1.0), Appetizer Spinach Salad (1.0), Appetizer Caesar Salad (1.0)	Sam's	Day Box	\$ 2.97
<input type="checkbox"/>	8.0	can(s)	Canned Kidney Beans	Dinner Beef Chili (4.0), Lunch Taco Salad 2nd Half (4.0)	Sam's	Day Box	\$ 8.00
<input type="checkbox"/>	14.0	can(s)	Pinto Beans	Dinner Beef Chili (2.0), Lunch Taco Salad 2nd Half (4.0), Breakfast Chilaquiles (2.0), Lunch Mexi Wraps (6.0)	Sam's	Day Box	\$ 13.95
<input type="checkbox"/>	4.0	package(s)	Saltine Crackers	Dinner Beef Chili (4.0)	Sam's	Day Box	\$ 2.39
<input type="checkbox"/>	4.0	can(s)	Tomato Paste	Dinner Beef Chili (4.0)	Sam's	Day Box	\$ 3.96
<input type="checkbox"/>	5.0	can(s)	Canned Corn	Dinner Beef Chili (1.0), Lunch Taco Salad 2nd Half (2.0), Lunch Mexi Wraps (2.0)	Sam's	Day Box	\$ 4.36
<input type="checkbox"/>	2.0	bottle(s)	BBQ Sauce	Dinner BBQ Pulled Pork (PM) (1.0), Dinner Grilled BBQ Chicken (1.0)	Sam's	Day Box	\$ 6.98
<input type="checkbox"/>	4.0	can(s)	Baked Beans	Dinner BBQ Pulled Pork (PM) (4.0)	Sam's	Day Box	\$ 5.61
<input type="checkbox"/>	2.0	package(s)	Salmon Lox	Lunch Lox on Bagels with Cream Cheese 2nd Half (2.0)	Sam's	Meat Cooler	\$ 27.96
<input type="checkbox"/>	6.0	bag(s)	Tortilla Chips	Lunch Taco Salad 2nd Half (2.0), Breakfast Chilaquiles (1.0), Appetizer Tortilla Chips, Salsa, and Guacamole (2.0), Appetizer Train Wreck (1.0)	Sam's	Day Box	\$ 26.88
<input type="checkbox"/>	24.0	can(s)	Canned Green Beans	Dinner Steaks and Potatoes 2nd Half (5.0), Dinner Tortellini w/ Chicken (10.0), Dinner Grilled BBQ Chicken (4.0), Dinner Artichoke Lasagna (PM) (5.0)	Sam's	Day Box	\$ 20.34
<input type="checkbox"/>	1.0	bottle(s)	Steak Sauce	Dinner Steaks and Potatoes 2nd Half (1.0)	Sam's	Day Box	\$ 5.79
<input type="checkbox"/>	1.0	bottle(s)	Chives	Dinner Steaks and Potatoes 2nd Half (1.0)	Sam's	Spice Box	\$ 1.00
<input type="checkbox"/>	6.0	package(s)	Pre-cooked Bacon	Breakfast Eggs, Bacon, Hash Browns (1.0), Lunch Cuban Wrap (2.0), Lunch BLTA (1.0), Breakfast Quick Bacon Scramble 2nd Half (1.0), Breakfast Yogurt, Granola, Bacon and Boiled Eggs (1.0)	Sam's	Day Box	\$ 92.82
<input type="checkbox"/>	7.0	bottle(s)	Cinnamon	Breakfast Blueberry French Toast with Bacon (1.0), Breakfast French Toast and Bacon (1.0), Breakfast Blueberry French Toast with Sausage (1.0), Dessert Apple Crisp (DO) (2.0), Dessert Churros (2.0)	Sam's	Spice Box	\$ 7.00
<input type="checkbox"/>	1.0	bottle(s)	Worcestershire Sauce	Breakfast Gallo Pinto (1.0)	Sam's	Day Box	\$ 3.00
<input type="checkbox"/>	2.0	bag(s)	Chips	Lunch Cuban Wrap (2.0)	Sam's	Day Box	\$ 8.00
<input type="checkbox"/>	18.0	can(s)	Canned Chicken	Lunch Chicken Caesar Pitas (4.0), Lunch Chicken Curry Wraps 2nd Half (5.0), Lunch River Pasta Salad (4.0), Lunch Chicken Salad Pitas 2nd Half (5.0)	Sam's	Day Box	\$ 36.00
<input type="checkbox"/>	11.0	can(s)	Black Olives	Lunch Chicken Caesar Pitas (2.0), Dinner Beef Tacos (2.0), Lunch Mexi Wraps (2.0), Lunch River Pasta Salad (2.0), Dinner River Pasta with Chicken (3.0)	Sam's	Day Box	\$ 22.00
<input type="checkbox"/>	3.0	bag(s)	Pita Chips	Appetizer Hummus and Pita Chips (1.0), Appetizer Bruschetta (2.0)	Sam's	Day Box	\$ 25.47
<input type="checkbox"/>	2.0	bag(s)	Pretzels	Appetizer Cowboy Candy (1.0), Appetizer Pretzels and Cheese Dip (1.0)	Sam's	Day Box	\$ 13.98
<input type="checkbox"/>	7.0	jar(s)	Marinara Sauce	Dinner Tortellini w/ Chicken (4.0), Dinner Italian Sausage Lasagna (DO) (3.0)	Sam's	Day Box	\$ 18.62
<input type="checkbox"/>	0.25	cup(s)	Flour	Dinner Beef Stew (0.25)	Sam's	Day Box	2.0 fl oz \$ 0.06
<input type="checkbox"/>	2.0	bag(s)	Granola	Breakfast Yogurt and Granola, with Oatmeal (1.0), Breakfast Yogurt, Granola, Bacon and Boiled Eggs (1.0)	Sam's	Day Box	\$ 12.96
<input type="checkbox"/>	4.0	box(es)	Oatmeal	Breakfast Yogurt and Granola, with Oatmeal (1.0), Breakfast Oatmeal and Hard Boiled Eggs (2.0), Breakfast Oatmeal & Bagels (1.0)	Sam's	Day Box	\$ 8.00
<input type="checkbox"/>	10.0	bag(s)	Penne Pasta	Lunch River Pasta Salad (6.0), Dinner River Pasta with Chicken (4.0)	Sam's	Day Box	\$ 19.90
<input type="checkbox"/>	2.0	package(s)	Almonds	Breakfast Oatmeal and Hard Boiled Eggs (2.0)	Sam's	Day Box	\$ 5.98

Qty	Unit	Item	Meal(s)	Store	Notes	US	Cost
3.0	package(s)	Dried Fruit	Breakfast Oatmeal and Hard Boiled Eggs (2.0), Breakfast Oatmeal & Bagels (1.0)	Sam's	Day Box		\$ 12.00
1.0	box(es)	Almond Milk	Breakfast Oatmeal & Bagels (1.0)	Sam's	Day Box		\$ 3.00
1.0	package(s)	Walnuts	Breakfast Oatmeal & Bagels (1.0)	Sam's	Day Box		\$ 1.00
2.0	bottle(s)	Dried Cilantro	Side Dish Cilantro Lime Rice (2.0)	Sam's	Spice Box		\$ 1.00
16.0	whole	Chocolate Bars	Dessert S'mores (16.0)	Sam's	Day Box		\$ 15.11
8.0	whole	Dark Chocolate Bars	Dessert Dark Chocolate Bars (8.0)	Sam's	Day Box		\$ 23.92
1.0	package(s)	Dried Cranberries	Appetizer Spinach Salad (1.0)	Sam's	Day Box		\$ 2.00
4.0	bottle(s)	Maple Syrup	Breakfast Blueberry French Toast with Bacon (1.0), Breakfast Pancakes, Eggs, and Sausage (1.0), Breakfast French Toast and Bacon (1.0), Breakfast Blueberry French Toast with Sausage (1.0)	Sam's	Day Box		\$ 51.92
2.0	jar(s)	Peanut Butter	Breakfast Bagels with Hard Boiled Eggs (1.0), Breakfast Eggs, Bacon, and English Muffins (1.0)	Sam's	Day Box		\$ 8.12
1.0	bag(s)	Assorted Candy Bars	Dessert Mini Candy Bars (1.0)	Sam's	Day Box		\$ 5.99
2.0	bottle(s)	Sugar	Dessert Churros (2.0)	Sam's	Spice Box		\$ 4.12
24.0	pound(s)	Sliced Cheese	Lunch Cold Cut Sammies (4.0), Lunch Hummus Pitas (2.0), Lunch Hummus Pitas 2nd Half (4.0), Lunch Tuna Salad 2nd Half (2.0), Lunch Reuben Wraps (2.0), Lunch Chicken Curry Wraps 2nd Half (1.0), Dinner Grilled Ham, Cheese, & Tomato Soup (4.0), Lunch Tuna Salad (2.0), Lunch Chicken Salad Pitas 2nd Half (1.0), Lunch Cold Cut Sammies 2nd Half (2.0)	Sam's Dairy	Dairy Cooler	383.32 oz	\$ (23.96 94.44 lb)
6.0	tub(s)	Hummus	Lunch Hummus Pitas (1.0), Lunch Hummus Pitas 2nd Half (4.0), Appetizer Hummus and Pita Chips (1.0)	Sam's Dairy	Dairy Cooler		\$ 26.88
14.0	tub(s)	Sour Cream	Dinner Fish Tacos (1.0), Dinner Beef Chili (1.0), Lunch Taco Salad 2nd Half (2.0), Dinner Steaks and Potatoes 2nd Half (1.0), Breakfast Burritos Bacon 2nd Half (1.0), Breakfast Burritos Bacon (1.0), Breakfast Quick Steak Burritos 2nd Half (1.0), Dinner Quick Steak Fajitas 2nd Half (1.0), Dinner Beef Tacos (1.0), Dinner Grilled Wild Salmon (1.0), Lunch Mexi Wraps (2.0), Dinner Steak Fajitas (1.0)	Sam's Dairy	Dairy Cooler		\$ 32.76
25.0	pound(s)	Shredded Cheese	Dinner Fish Tacos (1.0), Dinner Beef Chili (1.0), Breakfast Burritos Bacon 2nd Half (1.0), Breakfast Eggs, Bacon, Hash Browns (2.0), Appetizer Quesadillas (2.0), Breakfast Burritos Bacon (1.0), Breakfast Quick Steak Burritos 2nd Half (1.0), Dinner Quick Steak Fajitas 2nd Half (2.0), Breakfast Scrommlets and Breakfast Sausage (1.0), Breakfast Chilaquiles (1.0), Breakfast Huevos Rancheros (2.0), Appetizer Tostadas (1.0), Dinner Beef Tacos (2.0), Lunch Mexi Wraps (2.0), Breakfast Pancakes, Eggs, and Sausage (1.0), Breakfast Quick Bacon Scramble 2nd Half (1.0), Dinner Steak Fajitas (2.0), Breakfast Tacos 2nd Half (1.0)	Sam's Dairy	Dairy Cooler	399.3 oz	\$ (24.96 74.75 lb)
7.0	package(s)	Corn Tortillas	Dinner Fish Tacos (2.0), Breakfast Huevos Rancheros (1.0), Appetizer Tostadas (1.0), Dinner Beef Tacos (2.0), Breakfast Tacos 2nd Half (1.0)	Sam's Dairy	Bread Box		\$ 17.50
2.0	bag(s)	Mixed Greens	Appetizer Mixed Green Salad (2.0)	Sam's Dairy	Produce Cooler		\$ 3.88
200.0	ounce(s)	Butter	Dinner Grilled Herb Chicken (8.0), Dinner BBQ Pulled Pork (PM) (8.0), Dinner Steaks and Potatoes 2nd Half (8.0), Breakfast Egg Muffins 2nd Half (4.0), Dinner Tortellini w/ Chicken (8.0), Breakfast Scrommlets and Breakfast Sausage (4.0), Breakfast Chilaquiles (8.0), Dinner Grilled Ham, Cheese, & Tomato Soup (16.0), Dinner Grilled Wild Salmon (8.0), Dinner Beef Stew (8.0), Dinner Fettuccine Alfredo with Chicken (8.0), Breakfast Pancakes, Eggs, and Sausage (16.0), Breakfast Eggs Benedict (12.0), Dinner Cauliflower and Potato Curry (8.0), Breakfast French Toast and Bacon (8.0), Breakfast Quick Bacon Scramble 2nd Half (4.0), Breakfast Eggs, Bacon, and English Muffins (8.0), Dinner Artichoke Lasagna (PM) (8.0), Dinner Italian Sausage Lasagna (DO) (8.0), Dinner River Pasta with Chicken (8.0), Dessert Apple Crisp (DO) (12.0), Dessert Mixed Berry Cobbler (DO) (16.0), Breakfast Egg Muffins (4.0)	Sam's Dairy	Dairy Cooler	200.0 oz	\$ (12.5 43.75 lb)
12.0	package(s)	Cream Cheese	Lunch Lox on Bagels with Cream Cheese 2nd Half (2.0), Appetizer Cowboy Candy (2.0), Appetizer Pesto Cream Cheese (2.0), Breakfast Bagels with Hard Boiled Eggs (2.0), Breakfast Oatmeal & Bagels (2.0), Appetizer Train Wreck (2.0)	Sam's Dairy	Dairy Cooler		\$ 35.88
13.0	package(s)	Guacamole	Lunch Taco Salad 2nd Half (2.0), Breakfast Quick Steak Burritos 2nd Half (1.0), Dinner Quick Steak Fajitas 2nd Half (1.0), Dinner Beef Tacos (1.0), Lunch Mexi Wraps (2.0), Appetizer Tortilla Chips, Salsa, and Guacamole (2.0), Lunch Chicken Salad Pitas 2nd Half (1.0), Lunch Roast Beef Wraps 2nd Half (1.0), Breakfast Quick Bacon Scramble 2nd Half (1.0), Lunch Cold Cut Sammies 2nd Half (1.0)	Sam's Dairy	Produce Cooler		\$ 28.47
14.0	package(s)	Flour Tortillas	Lunch Taco Salad 2nd Half (1.5), Breakfast Burritos Bacon 2nd Half (1.0), Breakfast Eggs, Bacon, Hash Browns (1.0), Lunch Reuben Wraps (0.75), Appetizer Quesadillas (1.0), Breakfast Burritos Bacon (0.75), Breakfast Gallo Pinto (0.75), Breakfast Quick Steak Burritos 2nd Half (0.75), Lunch Cuban Wrap (1.5), Lunch Chicken Curry Wraps 2nd Half (1.0), Dinner Quick Steak Fajitas 2nd Half (1.0), Lunch Mexi Wraps (1.5), Lunch Roast Beef Wraps 2nd Half (0.75), Dinner Steak Fajitas (0.75)	Sam's Dairy	Bread Box		\$ 83.72
4.0	pound(s)	Sliced Cheddar Cheese	Breakfast Egg Muffins 2nd Half (1.0), Lunch Roast Beef Wraps 2nd Half (2.0), Breakfast Egg Muffins (1.0)	Sam's Dairy	Dairy Cooler	63.89 oz	\$ (3.99 14.58 lb)
2.0	bag(s)	Fresh Spinach	Appetizer Spinach Salad (2.0)	Sam's Dairy	Produce Cooler		\$ 3.92
1.0	tub(s)	Spinach Dip	Appetizer Spinach Dip (1.0)	Sam's Dairy	Dairy Cooler		\$ 6.98
4.0	pound(s)	Sliced Swiss Cheese	Lunch Cuban Wrap (4.0)	Sam's Dairy	Dairy Cooler	63.89 oz	\$ (3.99 15.72 lb)
5.5	whole	Parmesan Cheese Block	Lunch Chicken Caesar Pitas (1.0), Appetizer Caesar Salad (0.5), Dinner Pesto Gnocchi with Andouille 2nd Half (1.0), Dinner Tortellini w/ Chicken (1.0), Dinner Fettuccine Alfredo with Chicken (1.0), Dinner River Pasta with Chicken (1.0)	Sam's Dairy	Dairy Cooler		\$ 36.19
3.0	jar(s)	Pesto	Dinner Pesto Gnocchi with Andouille 2nd Half (2.0), Appetizer Pesto Cream Cheese (1.0)	Sam's Dairy	Produce Cooler		\$ 23.94
5.0	whole	Cheese Block	Appetizer Cheese and Crackers (4.0), Appetizer Smoked Oysters (1.0)	Sam's Dairy	Dairy Cooler		\$ 100.00
4.0	tub(s)	Yogurt	Breakfast Yogurt and Granola, with Oatmeal (2.0), Breakfast Yogurt, Granola, Bacon and Boiled Eggs (2.0)	Sam's Dairy	Dairy Cooler		\$ 17.12
1.0	whole	Block Gouda Cheese	Appetizer Smoked Gouda and Crackers (1.0)	Sam's Dairy	Dairy Cooler		\$ 20.94
4.0	pound(s)	Shredded Mozzarella	Dinner Italian Sausage Lasagna (DO) (4.0)	Sam's Dairy	Dairy Cooler	63.89 oz	\$ (3.99 21.98 lb)

Qty	Unit	Item	Meal(s)	Store	Notes	US	Cost
<input type="checkbox"/>	1.0	package(s) Ricotta Cheese	Dinner Italian Sausage Lasagna (DO) (1.0)	Sam's Dairy	Dairy Cooler		\$ 4.99
<input type="checkbox"/>	1.0	can(s) Whipped Cream	Dessert Mixed Berry Cobbler (DO) (1.0)	Sam's Dairy	Dairy Cooler		\$ 2.83
<input type="checkbox"/>	2.0	bag(s) Shrimp	Dinner Jambalaya with Shrimp and Sausage 2nd Half (1.0), Dinner Kabobs (1.0)	Sam's Frozen	Meat Cooler		\$ 28.96
<input type="checkbox"/>	4.0	pound(s) Frozen Mixed Berries	Breakfast Pancakes, Eggs, and Sausage (2.0), Dessert Mixed Berry Cobbler (DO) (2.0)	Sam's Frozen	Meat Cooler	63.89 oz (3.99 lb)	\$ 10.88
<input type="checkbox"/>	4.0	pound(s) Frozen Brownies	Dessert Frozen Brownies (4.0)	Sam's Frozen	Meat Cooler	63.89 oz (3.99 lb)	\$ 39.92
<input type="checkbox"/>	19.0	pound(s) Coffee	Breakfast Burritos Bacon 2nd Half (1.0), Breakfast Eggs, Bacon, Hash Browns (1.0), Breakfast Egg Muffins 2nd Half (1.0), Breakfast Blueberry French Toast with Bacon (1.0), Breakfast Burritos Bacon (1.0), Breakfast Gallo Pinto (1.0), Breakfast Quick Steak Burritos 2nd Half (1.0), Breakfast Scrommlets and Breakfast Sausage (1.0), Breakfast Chilaquiles (1.0), Breakfast Huevos Rancheros (1.0), Breakfast Eggs Benedict (1.0), Breakfast French Toast and Bacon (1.0), Breakfast Quick Bacon Scramble 2nd Half (1.0), Breakfast Bagels with Hard Boiled Eggs (1.0), Breakfast Eggs, Bacon, and English Muffins (1.0), Breakfast Oatmeal & Bagels (1.0), Breakfast Blueberry French Toast with Sausage (1.0), Breakfast Tacos 2nd Half (1.0), Breakfast Egg Muffins (1.0)	Toucanet	Day Box		303.46 oz (18.97 lb) \$ 228.00
<input type="checkbox"/>	4.0	package(s) Frozen Peppers and Onions	Dinner Jambalaya with Shrimp and Sausage 2nd Half (1.0), Breakfast Burritos Bacon 2nd Half (1.0), Dinner Quick Steak Fajitas 2nd Half (1.0), Breakfast Tacos 2nd Half (1.0)	U.S. Foods	Meat Cooler		\$ 40.00
<input type="checkbox"/>	9.0	bottle(s) Mayonnaise	Lunch Cold Cut Sammies (2.0), Lunch Tuna Salad 2nd Half (1.0), Lunch Chicken Curry Wraps 2nd Half (1.0), Lunch Tuna Salad (1.0), Lunch BLTA (1.0), Lunch Chicken Salad Pitas 2nd Half (1.0), Lunch Roast Beef Wraps 2nd Half (1.0), Lunch Cold Cut Sammies 2nd Half (1.0)	U.S. Foods	Day Box		\$ 42.21
<input type="checkbox"/>	4.0	bottle(s) Mustard	Lunch Cold Cut Sammies (2.0), Lunch Roast Beef Wraps 2nd Half (1.0), Lunch Cold Cut Sammies 2nd Half (1.0)	U.S. Foods	Day Box		\$ 8.76
<input type="checkbox"/>	12.0	whole Cod Fillets	Dinner Fish Tacos (12.0)	U.S. Foods	Meat Cooler		\$ 42.00
<input type="checkbox"/>	3.0	box(es) Spanish Rice	Dinner Fish Tacos (1.0), Breakfast Huevos Rancheros (1.0), Dinner Beef Tacos (1.0)	U.S. Foods	Day Box		\$ 24.00
<input type="checkbox"/>	2.0	bag(s) Frozen Green Beans	Dinner Grilled Herb Chicken (1.0), Dinner Italian Sausage Lasagna (DO) (1.0)	U.S. Foods	Meat Cooler		\$ 16.00
<input type="checkbox"/>	3.0	box(es) Long Grain and Wild Rice	Dinner Grilled Herb Chicken (1.0), Dinner Kabobs (1.0), Dinner Grilled BBQ Chicken (1.0)	U.S. Foods	Day Box		\$ 31.98
<input type="checkbox"/>	1.0	package(s) Frozen Sweet Potatoes	Dinner BBQ Pulled Pork (PM) (1.0)	U.S. Foods	Meat Cooler		\$ 11.00
<input type="checkbox"/>	1.0	bottle(s) Hot Sauce	Breakfast Eggs, Bacon, Hash Browns (1.0)	U.S. Foods	Day Box		\$ 6.00
<input type="checkbox"/>	2.0	package(s) Tuna	Lunch Tuna Salad 2nd Half (1.0), Lunch Tuna Salad (1.0)	U.S. Foods	Day Box		\$ 21.96
<input type="checkbox"/>	28.0	package(s) Crackers	Appetizer Spinach Dip (4.0), Appetizer Pesto Cream Cheese (4.0), Appetizer Cheese and Crackers (8.0), Appetizer Olive Tapenade (4.0), Appetizer Smoked Gouda and Crackers (4.0), Appetizer Smoked Oysters (4.0)	U.S. Foods	Day Box		\$ 42.00
<input type="checkbox"/>	1.0	package(s) Frozen Peppers and Potatoes	Breakfast Quick Steak Burritos 2nd Half (1.0)	U.S. Foods	Meat Cooler		\$ 10.00
<input type="checkbox"/>	6.0	bottle(s) Honey	Appetizer Cowboy Candy (1.0), Breakfast Yogurt and Granola, with Oatmeal (1.0), Breakfast Oatmeal & Bagels (1.0), Breakfast Yogurt, Granola, Bacon and Boiled Eggs (1.0), Side Dish River Slaw (2.0)	U.S. Foods	Day Box		\$ 36.00
<input type="checkbox"/>	6.0	pound(s) Frozen Cauliflower	Dinner Pesto Gnocchi with Andouille 2nd Half (2.0), Dinner Grilled BBQ Chicken (4.0)	U.S. Foods	Meat Cooler	95.83 oz (5.99 lb)	\$ 13.50
<input type="checkbox"/>	40.0	whole Veggie Spring Rolls	Appetizer Egg Rolls (40.0)	U.S. Foods	Meat Cooler		\$ 24.00
<input type="checkbox"/>	4.0	bag(s) Frozen Edamame	Appetizer Edamame (4.0)	U.S. Foods	Meat Cooler		\$ 10.64
<input type="checkbox"/>	3.0	package(s) Brown Sugar	Breakfast Oatmeal and Hard Boiled Eggs (2.0), Breakfast Oatmeal & Bagels (1.0)	U.S. Foods	Day Box		\$ 3.00
<input type="checkbox"/>	3.0	package(s) Graham Crackers	Dessert S'mores (3.0)	U.S. Foods	Day Box		\$ 6.75
<input type="checkbox"/>	40.0	whole Churros	Dessert Churros (40.0)	U.S. Foods	Meat Cooler		\$ 40.00
<input type="checkbox"/>	4.0	jar(s) Bruschetta	Appetizer Bruschetta (4.0)	Whole Foods	Day Box		\$ 16.00
<input type="checkbox"/>	2.0	jar(s) Olive Tapenade	Appetizer Olive Tapenade (2.0)	Whole Foods	Day Box		\$ 8.98
<input type="checkbox"/>	1.0	whole Any Leftover Food!	Breakfast Leftovers (1.0)				\$ 0.00
<input type="checkbox"/>	1.0	whole Lunch on the road!	Lunch En Route to Flagstaff (1.0)				\$ 0.00
<input type="checkbox"/>	1.0	whole Food	Rig Night (BYO or Moe Meal-additional charge) (1.0)				\$ 0.00

Total cost \$ 0

Calendar Planning

Day	Appetizer	Dinner	Breakfast	Lunch
Day 0	Safeway Lunch (Grocery Stop Before Leaving Town) (16)	Rig Night (BYO or Moe Meal-additional charge) (16)	Breakfast Quick Steak Burritos 2nd Half (16)	Lunch Cold Cut Sammies (16)
Day 1	Appetizer Caesar Salad (16)	Dinner Artichoke Lasagna (PM) (16) Dessert Frozen Brownies (16)	Breakfast Oatmeal & Bagels (16)	Lunch Hummus Pitas (16)
Day 2	Appetizer Spinach Salad (16)	Dinner Fish Tacos (16)	Breakfast Eggs, Bacon, and English Muffins (16)	Lunch Cuban Wrap (16)
Day 3	Appetizer Mixed Green Salad (16)	Dinner Grilled Herb Chicken (16) Dessert Apple Crisp (DO) (16)	Breakfast Blueberry French Toast with Bacon (16)	Lunch Chicken Caesar Pitas (16)
Day 4	Appetizer Tortilla Chips, Salsa, and Guacamole (16)	Dinner Steak Fajitas (16) Side Dish Cilantro Lime Rice (16) Dessert Churros (16)	Breakfast Scrommlets and Breakfast Sausage (16)	Lunch BLTA (16)
Day 5	Appetizer Hearty Vegetable Soup (16)	Dinner Tortellini w/ Chicken (16) Dessert Fortune Cookies (16)	Breakfast Chilaquiles (16)	Lunch Cold Cut Sammies (16)
Day 6	Appetizer Spinach Dip (16)	Dinner Grilled Ham, Cheese, & Tomato Soup (16)	Breakfast Yogurt, Granola, Bacon and Boiled Eggs (16)	Lunch Tuna Salad (16)
Day 7	Appetizer Pesto Cream Cheese (16)	Dinner Kabobs (16) Dessert Mini Candy Bars (16)	Breakfast Huevos Rancheros (16)	Lunch Bagel Sandwiches (16)
Day 8	Appetizer Tostadas (16)	Dinner Beef Tacos (16) Side Dish River Slaw (16) Dessert Churros (16)	Breakfast Egg Muffins (16)	Lunch Hummus Pitas 2nd Half (16)
Day 9	Appetizer Egg Rolls (16)	Dinner Chicken Curry (16)	Breakfast Burritos Bacon (16)	Lunch River Pasta Salad (16)
Day 10	Appetizer Bruschetta (16)	Dinner Grilled Wild Salmon (16) Dessert Apple Crisp (DO) (16)	Breakfast Blueberry French Toast with Sausage (16)	Lunch Mexi Wraps (16)
Day 11	Appetizer Hummus and Pita Chips (16)	Dinner Chicken Stir Fry (16)	Breakfast Gallo Pinto (16)	Lunch Lox on Bagels with Cream Cheese 2nd Half (16)
Day 12	Appetizer Cheese and Crackers (16)	Dinner Beef Stew (16) Dessert S'mores (16)	Breakfast Yogurt and Granola, with Oatmeal (16)	Lunch Chicken Curry Wraps 2nd Half (16)
Day 13	Appetizer Edamame (16)	Dinner Fettuccine Alfredo with Chicken (16)	Breakfast Pancakes, Eggs, and Sausage (16)	Lunch Taco Salad 2nd Half (16)
Day 14	Appetizer Cheese and Crackers (16)	Dinner Steaks and Potatoes 2nd Half (16) Dessert Mixed Berry Cobbler (DO) (16)	Breakfast Burritos Bacon 2nd Half (16)	Lunch Cold Cut Sammies 2nd Half (16)
Day 15	Appetizer Tortilla Chips, Salsa, and Guacamole (16)	Dinner Jambalaya with Shrimp and Sausage 2nd Half (16)	Breakfast Eggs Benedict (16)	Lunch River Pasta Salad (16)
Day 16	Appetizer Train Wreck (16)	Dinner Tortellini w/ Chicken (16) Dessert Dark Chocolate Bars (16)	Breakfast Eggs, Bacon, Hash Browns (16)	Lunch Mexi Wraps (16)
Day 17	Appetizer Cowboy Candy (16)	Dinner Cauliflower and Potato Curry (16)	Breakfast Oatmeal and Hard Boiled Eggs (16)	Lunch Tuna Salad 2nd Half (16)
Day 18	Appetizer Squash Soup (16)	Dinner Italian Sausage Lasagna (DO) (16) Dessert No Bake Cheesecake (16)	Breakfast French Toast and Bacon (16)	Lunch Reuben Wraps (16)
Day 19	Appetizer Olive Tapenade (16)	Dinner Quick Steak Fajitas 2nd Half (16) Side Dish Cilantro Lime Rice (16)	Breakfast Tacos 2nd Half (16)	Lunch Hummus Pitas 2nd Half (16)
Day 20	Appetizer Pretzels and Cheese Dip (16)	Dinner Grilled BBQ Chicken (16) Side Dish River Slaw (16) Dessert Pineapple Upside Down Cake (DO) (16)	Breakfast Egg Muffins 2nd Half (16)	Lunch Cuban Wrap (16)
Day 21	Appetizer Smoked Oysters (16)	Dinner Pesto Gnocchi with Andouille 2nd Half (16) Dessert Little Debbie Cakes (16)	Breakfast Oatmeal and Hard Boiled Eggs (16)	Lunch Chicken Salad Pitas 2nd Half (16)

Day	Appetizer	Dinner	Breakfast	Lunch
Day 22	Appetizer Quesadillas (16)	Dinner Beef Chili (16)	Breakfast Quick Bacon Scramble 2nd Half (16)	Lunch Taco Salad 2nd Half (16)
Day 23	Appetizer Smoked Gouda and Crackers (16)	Dinner River Pasta with Chicken (16)	Breakfast Bagels with Hard Boiled Eggs (16)	Lunch Roast Beef Wraps 2nd Half (16)
Day 24	Appetizer Bruschetta (16)	Dinner BBQ Pulled Pork (PM) (16) Dessert Pepperidge Farms Cookies (16)	Breakfast Leftovers (16)	Lunch En Route to Flagstaff (16)

Recipes details

Safeway Lunch (Grocery Stop Before Leaving Town)

Appetizer Day #0

Individuals served: 16

Qty	Unit	Ingredient	Packing notes
16.0	whole	Safeway Lunch Stop	

Rig Night (BYO or Moe Meal-additional charge)

Dinner Day #0

Individuals served: 16

Qty	Unit	Ingredient	Packing notes
1.0	whole	Food	

Breakfast Quick Steak Burritos 2nd Half

Breakfast Day #0

Individuals served: 16

Dietary restrictions / allergens: **Beef , Wheat/Gluten, Dairy , Eggs**

Meat is pre-cooked, just reheat in dutch oven with drained beans! Mix eggs with salt and pepper. Saute onions and peppers in pan before adding egg mixture. Heat tortillas on Dutch oven lid if desired. Set up buffet line with sour cream, cheese, salsa and guacamole to make your own burrito. Enjoy the beautiful canyon!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
4.0	pound(s)	Pre-cooked Steak Strips	Meat Cooler	0.75	package(s)	Flour Tortillas	Bread Box
1.0	package(s)	Frozen Peppers and Potatoes	Meat Cooler	3.0	dozen(s)	Eggs	Egg Can
1.0	package(s)	Guacamole	Dairy Cooler	1.0	jar(s)	Salsa	Day Box
1.0	tub(s)	Sour Cream	Dairy Cooler	3.0	can(s)	Black Beans	Day Box
1.0	pound(s)	Shredded Cheese	Dairy Cooler	1.0	pound(s)	Coffee	Day Box

Lunch Cold Cut Sammies

Lunch Day #0

Individuals served: 16

Dietary restrictions / allergens: **Wheat/Gluten, Dairy , Chicken**

Thaw lunch meat before you leave camp in the morning if needed. If you'd like you can pre make lunches, set up supplies and zip locks at breakfast, or set up somewhere pretty at lunch time. Slice avocados, tomatoes, and onions, and assemble wraps as desired. Pass out chips and cookies when you stop!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
4.0	pound(s)	Sliced Deli Meat	Meat Cooler	1.0	bottle(s)	Mustard	Day Box
2.0	pound(s)	Sliced Cheese	Dairy Cooler	1.0	jar(s)	Pickles	Day Box
1.0	head(s)	Iceberg Lettuce	Produce Cooler	1.0	jar(s)	Pepperoncinis	Day Box
3.0	whole	Avocados	Produce Cooler	1.0	package(s)	Cookies	Day Box
3.0	whole	Tomatoes	Produce Cooler	2.0	can(s)	Stax	Day Box
2.6	loaf	Bread	Bread Box	1.0	whole	Red Onion	Produce Crate
1.0	bottle(s)	Mayonnaise	Day Box				

Appetizer Caesar Salad

Appetizer Day #1

Individuals served: 16

Dietary restrictions / allergens: **Wheat/Gluten, Shellfish, Dairy**

*Note: Please check food notes for any possible adjustments or dietary modifications for the day.

Slice onion, chop romaine lettuce, toss in bowl with Caesar dressing. Top with croutons and shaved parmesan on top!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
0.5	whole	Parmesan Cheese Block	Dairy Cooler	1.0	bottle(s)	Caesar Dressing	Day Box
2.0	head(s)	Romaine Lettuce	Produce Cooler	1.0	whole	Red Onion	Produce Crate
1.0	package(s)	Croutons	Day Box				

Dinner Artichoke Lasagna (PM)

Dinner Day #1

Individuals served: 16

Alternative pre-made meals will be supplied for those with dietary restrictions. Check the cooler!!

Artichoke lasagna is packaged in bags of 4 servings each. See "Boil in a Bag" instructions in trip binder. Heat up mostly drained green beans in pot butter or oil, add spices to taste (garlic salt, lemon pepper). Melt the rest of butter and mix with garlic and spices to taste (salt, pepper, and Italian seasonings). Spread butter mixture on pieces of sourdough and toast on griddle face down until golden brown, yum garlic bread!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
16.0	whole	Artichoke Lasagna	Meat Cooler	2.0	loaf	Sourdough	Bread Box
8.0	ounce(s)	Butter	Produce Cooler	5.0	can(s)	Canned Green Beans	Day Box

Dessert Frozen Brownies

Dinner Day #1

Individuals served: 16

Dietary restrictions / allergens: **Wheat/Gluten, Dairy, Soy, Eggs**

Open and enjoy cold or heat on griddle for a warm treat!

Qty	Unit	Ingredient	Packing notes
4.0	pound(s)	Frozen Brownies	Meat Cooler

Breakfast Oatmeal & Bagels

Breakfast Day #1

Individuals served: 16

Dietary restrictions / allergens: **Wheat/Gluten**

Cook oatmeal by using 2 parts water to 1 part oatmeal. Add oats to boiling water and stir. Cook over medium heat until tender. Add toppings as desired, consider cooking dried fruit in with the oatmeal to rehydrate the fruit! Toast bagels on griddle if desired and serve with cream cheese. Good morning!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
2.0	package(s)	Cream Cheese	Dairy Cooler	1.0	package(s)	Dried Fruit	Day Box
3.4	bag(s)	Bagels	Bread Box	1.0	package(s)	Walnuts	Day Box
1.0	box(es)	Oatmeal	Day Box	1.0	package(s)	Brown Sugar	Day Box
1.0	box(es)	Milk	Day Box	1.0	bottle(s)	Honey	Day Box
1.0	box(es)	Almond Milk	Day Box	1.0	pound(s)	Coffee	Day Box

Lunch Hummus Pitas

Lunch Day #1

Individuals served: 16

Dietary restrictions / allergens: **Dairy, Wheat/Gluten**

Chop or slice tomatoes, peppers and cucumbers. Stop somewhere pretty and enjoy lunch!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
2.0	pound(s)	Sliced Cheese	Dairy Cooler	2.0	bag(s)	Baby Carrots	Produce Cooler
1.0	tub(s)	Hummus	Dairy Cooler	3.0	package(s)	Pita Bread	Bread Box
4.0	whole	Tomatoes	Produce Cooler	1.0	bag(s)	Trail Mix	Day Box
3.0	whole	Yellow Bell Pepper	Produce Cooler	1.0	package(s)	Cookies	Day Box
3.0	whole	Red Bell Pepper	Produce Cooler	2.0	can(s)	Stax	Day Box
3.0	whole	Cucumbers	Produce Cooler	1.0	bag(s)	Beef Jerky	Day Box

Appetizer Spinach Salad

Appetizer Day #2

Individuals served: 16

Dietary restrictions / allergens: **Tree Nuts**

*Note: Please check food notes for any possible adjustments or dietary modifications for the day.

Slice red onion, bell peppers, and avocados. Place spinach in large bowl, mix in veggies. Top with croutons, cranberries and sunflower seeds. Serve with dressing on side or toss together. Enjoy!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
2.0	bag(s)	Fresh Spinach	Produce Cooler	1.0	package(s)	Dried Cranberries	Day Box
2.0	whole	Avocados	Produce Cooler	1.0	package(s)	Sunflower Seeds	Day Box
2.0	whole	Red Bell Pepper	Produce Cooler	1.0	package(s)	Croutons	Day Box
1.0	bottle(s)	Salad Dressing	Day Box	1.0	whole	Red Onion	Produce Crate

Dinner Fish Tacos

Dinner Day #2

Individuals served: 16

Dietary restrictions / allergens: **Fish**

Chop/dice tomatoes, red onion, cabbage, avocado, and limes. Cook rice according to directions on box. Cook fish in Dutch oven or skillet, adding taco seasoning. Warm up beans and season to taste. Heat tortillas on upside down Dutch oven lid on stove or on griddle. Serve with side of black beans, chopped veggies, sour cream, chiles, cheese and salsa. Yum!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
12.0	whole	Cod Fillets	Meat Cooler	2.0	can(s)	Diced Green Chiles	Day Box
1.0	tub(s)	Sour Cream	Dairy Cooler	1.0	jar(s)	Salsa	Day Box
1.0	pound(s)	Shredded Cheese	Dairy Cooler	1.0	box(es)	Spanish Rice	Day Box
3.0	whole	Tomatoes	Produce Cooler	4.0	can(s)	Black Beans	Day Box
4.0	whole	Limes	Produce Cooler	1.0	package(s)	Taco Seasoning	Day Box
3.0	whole	Avocados	Produce Cooler	1.0	whole	Red Onion	Produce Crate
2.0	package(s)	Corn Tortillas	Bread Box	1.0	head(s)	Green Cabbage	Produce Crate

Breakfast Eggs, Bacon, and English Muffins

Breakfast Day #2

Individuals served: 16

Dietary restrictions / allergens: **Pork, Wheat/Gluten, Peanuts, Dairy**

Start bacon in Dutch oven. Cook eggs on the griddle however you'd like (fried, sunny side up, over easy). Toast english muffins on griddle with butter. Make egg and bacon sandwiches or a breakfast PB&J!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
4.0	pound(s)	Bacon	Meat Cooler	1.0	jar(s)	Peanut Butter	Day Box
8.0	ounce(s)	Butter	Dairy Cooler	1.0	jar(s)	Jelly	Day Box
2.0	package(s)	English Muffins	Bread Box	1.0	pound(s)	Coffee	Day Box
3.0	dozen(s)	Eggs	Egg Can				

Lunch Cuban Wrap

Lunch Day #2

Individuals served: 16

Dietary restrictions / allergens: **Pork, Wheat/Gluten, Dairy**

Assemble your tortilla with ham, cheese, bacon, pickle and mustard. Roll up like a burrito and put in ziplock before leaving camp or assemble while stopped on a beach! Serve with chips and cookies!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
3.0	pound(s)	Sliced Ham	Meat Cooler	1.0	bottle(s)	Spicy Mustard	Day Box
2.0	pound(s)	Sliced Swiss Cheese	Dairy Cooler	1.0	jar(s)	Dill Pickle Spears	Day Box
0.75	package(s)	Flour Tortillas	Bread Box	1.0	bag(s)	Chips	Day Box
1.0	package(s)	Pre-cooked Bacon	Day Box	1.0	package(s)	Cookies	Day Box

Appetizer Mixed Green Salad

Appetizer Day #3

Individuals served: 16

*Note: Please check food notes for any possible adjustments or dietary modifications for the day.

Slice and dice avocados, tomatoes, and carrots. Top mixed greens with veggies and croutons. Serve with dressing on side. Enjoy!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
3.0	whole	Avocados	Produce Cooler	2.0	bag(s)	Mixed Greens	Produce Cooler
3.0	whole	Tomatoes	Produce Cooler	1.0	package(s)	Croutons	Day Box
0.5	pound(s)	Carrots	Produce Cooler	1.0	bottle(s)	Salad Dressing	Day Box

Dinner Grilled Herb Chicken

Dinner Day #3

Individuals served: 16

Dietary restrictions / allergens: **Wheat/Gluten, Soy, Chicken**

Start coals! Marinade chicken in bowl or ziplock while coals heat up. Get rice cooking before chicken hits the grill (Follow directions on package). Saute Green Beans on stove.

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
18.0	whole	Chicken Breasts	Meat Cooler	1.0	bottle(s)	Herb and Garlic Marinade	Day Box
1.0	bag(s)	Frozen Green Beans	Meat Cooler	1.0	box(es)	Long Grain and Wild Rice	Day Box
8.0	ounce(s)	Butter	Dairy Cooler	1.0	jar(s)	Minced Garlic	Day Box
2.0	loaf	Sourdough	Bread Box				

Dessert Apple Crisp (DO)

Dinner Day #3

Individuals served: 16

Dietary restrictions / allergens: **Wheat/Gluten**

Use coals from dinner, or add more if needed. Slice apples and coat in cinnamon. Mix crisp mix with sliced butter until mix is chunky with butter. Add apples to dutch oven, and cover with crisp mix. Add lid to dutch oven and arrange above and below D.O. Bake until done, this can be anywhere from 10 to 45 minutes depending on how hot your coals are.

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
6.0	ounce(s)	Butter	Dairy Cooler	1.0	bottle(s)	Cinnamon	Spice Box
1.0	package(s)	Yellow Cake Mix	Day Box	10.0	whole	Apples	Produce Crate

Breakfast Blueberry French Toast with Bacon

Breakfast Day #3

Individuals served: 16

Dietary restrictions / allergens: **Pork, Wheat/Gluten**

Start bacon on stove top. While bacon is cooking, mix eggs with milk and cinnamon together in a large bowl. Heat the griddle and add butter. Dip each slice of bread into egg batter and lay on griddle, cook on both sides until golden brown. Warm blueberries if desired, serve with maple syrup and side of bacon. Good morning!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
4.0	pound(s)	Bacon	Meat Cooler	1.0	bottle(s)	Maple Syrup	Day Box
3.0	loaf	Texas Toast	Bread Box	3.0	can(s)	Canned Blueberries	Day Box
3.0	dozen(s)	Eggs	Egg Can	1.0	bottle(s)	Cinnamon	Spice Box
1.0	box(es)	Milk	Day Box	1.0	pound(s)	Coffee	Day Box

Lunch Chicken Caesar Pitas

Lunch Day #3

Individuals served: 16

Dietary restrictions / allergens: **Chicken, Wheat/Gluten**

Before leaving camp (optional): open and drain and shred chicken, grate cheese, chop onion. Mix olives, cheese, chicken, onion, and add salad dressing. Place in ziplock bag in lunch cooler, then stop somewhere pretty, chop lettuce and serve on pita bread! If you have a non-chicken eater, serve canned chicken separately or make 2 different salads.

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
1.0	whole	Parmesan Cheese Block	Dairy Cooler	2.0	can(s)	Black Olives	Day Box
2.0	head(s)	Romaine Lettuce	Produce Cooler	2.0	can(s)	Stax	Day Box
3.0	package(s)	Pita Bread	Bread Box	1.0	package(s)	Cookies	Day Box
1.0	bottle(s)	Caesar Dressing	Day Box	1.0	whole	Red Onion	Produce Crate
4.0	can(s)	Canned Chicken	Day Box				

Appetizer Tortilla Chips, Salsa, and Guacamole

Appetizer Day #4

Individuals served: 16

*Note: Please check food notes for any possible adjustments or dietary modifications for the day. Open, serve, and enjoy!

Qty	Unit	Ingredient	Packing notes
1.0	package(s)	Guacamole	Dairy Cooler
1.0	bag(s)	Tortilla Chips	Day Box
1.0	jar(s)	Salsa	Day Box

Dinner Steak Fajitas

Dinner Day #4

Individuals served: 16

Dietary restrictions / allergens: **Beef , Wheat/Gluten, Dairy**

Cook steak with oil. Slice onions and bell peppers. Saute onions and peppers with steak or separate griddle. Warm tortillas on skillet or Dutch oven lid. Serve with tomato, avocado, green chiles, salsa, sour cream, and cheese. !OLE!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
4.0	pound(s)	Steak Fajita Meat	Meat Cooler	3.0	whole	Red Bell Pepper	Produce Cooler
2.0	pound(s)	Shredded Cheese	Dairy Cooler	0.75	package(s)	Flour Tortillas	Bread Box
1.0	tub(s)	Sour Cream	Dairy Cooler	1.0	jar(s)	Salsa	Day Box
3.0	whole	Tomatoes	Produce Cooler	2.0	can(s)	Diced Green Chiles	Day Box
3.0	whole	Yellow Bell Pepper	Produce Cooler	2.0	whole	Yellow Onion	Produce Crate
3.0	whole	Avocados	Produce Cooler				

Side Dish Cilantro Lime Rice

Dinner Day #4

Individuals served: 16

Cook rice according to instructions. Chop stem ends of jalapenos off, chop peppers in half lengthwise, and remove seeds and interior ribs. Once rice is cooked, add cilantro and jalapenos to taste. Squeeze limes on top.

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
4.0	whole	Jalapenos	Produce Cooler	1.0	bottle(s)	Dried Cilantro	Spice Box
1.0	bag(s)	Jasmine Rice	Day Box	4.0	whole	Limes	Produce Crate

Dessert Churros

Dinner Day #4

Individuals served: 16

Dietary restrictions / allergens: **Wheat/Gluten**

Fry to golden brown in hot oil, coat with cinnamon and sugar. Yum!

Qty	Unit	Ingredient	Packing notes
20.0	whole	Churros	Meat Cooler
1.0	bottle(s)	Cinnamon	Spice Box
1.0	bottle(s)	Sugar	Spice Box

Breakfast Scrommlets and Breakfast Sausage

Breakfast Day #4

Individuals served: 16

Dietary restrictions / allergens: **Pork, Dairy , Wheat/Gluten, Eggs**

Start sausage in skillet. Drain all canned ingredients, chop onion and bell peppers, add ingredients to dutch oven with a touch of oil to saute (4-6 min). Crack and beat the eggs, season with salt and pepper. Add eggs and cheese to dutch oven and fold in ingredients. Cook until eggs are finished. While scrommlet is cooking, toast english muffins on griddle with butter. Optional: chop up sausage and add to scrommlet! Good morning!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
4.0	pound(s)	Breakfast Sausage	Meat Cooler	3.0	dozen(s)	Eggs	Egg Can
4.0	ounce(s)	Butter	Dairy Cooler	1.0	can(s)	Canned Spinach	Day Box
1.0	pound(s)	Shredded Cheese	Dairy Cooler	1.0	pound(s)	Coffee	Day Box
2.0	whole	Yellow Bell Pepper	Produce Cooler	2.0	can(s)	Canned Mushrooms	Day Box
2.0	whole	Red Bell Pepper	Produce Cooler	1.0	whole	Yellow Onion	Produce Crate
2.0	package(s)	English Muffins	Bread Box				

Lunch BLTA

Lunch Day #4

Individuals served: 16

Dietary restrictions / allergens: **Pork, Wheat/Gluten**

Bacon is pre-cooked, crisp up if desired. Slice veggies and make sandwiches before leaving camp or stop somewhere pretty and assemble there. Serve with chips and cookies!

Hint: Put veggies in separate ziplock to avoid a soggy sammy.

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
2.0	head(s)	Iceberg Lettuce	Produce Cooler	2.0	can(s)	Stax	Day Box
5.0	whole	Tomatoes	Produce Cooler	1.0	package(s)	Cookies	Day Box
4.0	whole	Avocados	Produce Cooler	1.0	package(s)	Pre-cooked Bacon	Day Box
2.6	loaf	Bread	Bread Box	1.0	bottle(s)	Mayonnaise	Day Box

Appetizer Hearty Vegetable Soup

Appetizer Day #5

Individuals served: 16

*Note: Please check food notes for any possible adjustments or dietary modifications for the day. Dice baby carrots and onion, then follow instructions on package. Enjoy!

Qty	Unit	Ingredient	Packing notes
2.0	package(s)	Bob's Red Mill Veggie Soup	Day Box
1.0	bag(s)	Baby Carrots	Produce Cooler
1.0	whole	Yellow Onion	Produce Crate

Dinner Tortellini w/ Chicken

Dinner Day #5

Individuals served: 16

Dietary restrictions / allergens: **Wheat/Gluten, Dairy, Chicken**

Cook tortellini according to package. Warm sauce until heated through. Add pre-cooked chicken to sauce to reheat or reheat in pan with small amount of oil to prevent sticking. Heat up green beans with small amount of water or oil to prevent scorching, season to taste. For easy garlic bread, melt butter and garlic and spread on bread, place on griddle pan until golden brown. Serve pasta with parmesan. Yum!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
4.0	pound(s)	Pre-cooked Chicken Strips	Meat Cooler	4.0	package(s)	Dried Tortellini	Day Box
4.0	ounce(s)	Butter	Dairy Cooler	2.0	jar(s)	Marinara Sauce	Day Box
0.5	whole	Parmesan Cheese Block	Dairy Cooler	5.0	can(s)	Canned Green Beans	Day Box
2.0	loaf	Sourdough	Bread Box				

Dessert Fortune Cookies

Dinner Day #5

Individuals served: 16

Dietary restrictions / allergens: **Wheat/Gluten**

This fortune determines the rest of your trip! Let the river gods speak!

Qty	Unit	Ingredient	Packing notes
2.0	box(es)	Fortune Cookies	Day Box

Breakfast Chilaquiles

Breakfast Day #5

Individuals served: 16

Dietary restrictions / allergens: **Pork, Dairy, Eggs**

Start chorizo in a skillet on medium heat. Pour enchilada sauce and pinto beans into a Dutch oven on the stove—heat on medium-low. Cook eggs as desired. Set aside. Once fully cooked, drain the grease from the chorizo and mix it with the beans and sauce. Heat until you reach your preferred serving temperature. Serve chips topped with chorizo, salsa, avocado, and cheese. Good morning!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
4.0	pound(s)	Chorizo	Meat Cooler	1.0	bag(s)	Tortilla Chips	Day Box
1.0	pound(s)	Shredded Cheese	Dairy Cooler	2.0	can(s)	Pinto Beans	Day Box
8.0	ounce(s)	Butter	Dairy Cooler	1.0	can(s)	Enchilada Sauce	Day Box
4.0	whole	Avocados	Produce Cooler	1.0	jar(s)	Salsa	Day Box
3.0	dozen(s)	Eggs	Egg Can	1.0	pound(s)	Coffee	Day Box

Lunch Cold Cut Sammies

Lunch Day #5

Individuals served: 16

Dietary restrictions / allergens: **Wheat/Gluten, Dairy, Chicken**

Thaw lunch meat before you leave camp in the morning if needed. If you'd like you can pre make lunches, set up supplies and zip locks at breakfast, or set up somewhere pretty at lunch time. Slice avocados, tomatoes, and onions, and assemble wraps as desired. Pass out chips and cookies when you stop!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
4.0	pound(s)	Sliced Deli Meat	Meat Cooler	1.0	bottle(s)	Mustard	Day Box
2.0	pound(s)	Sliced Cheese	Dairy Cooler	1.0	jar(s)	Pickles	Day Box
1.0	head(s)	Iceberg Lettuce	Produce Cooler	1.0	jar(s)	Pepperoncinis	Day Box
3.0	whole	Avocados	Produce Cooler	1.0	package(s)	Cookies	Day Box
3.0	whole	Tomatoes	Produce Cooler	2.0	can(s)	Stax	Day Box
2.6	loaf	Bread	Bread Box	1.0	whole	Red Onion	Produce Crate
1.0	bottle(s)	Mayonnaise	Day Box				

Appetizer Spinach Dip

Appetizer Day #6

Individuals served: 16

Dietary restrictions / allergens: **Wheat/Gluten, Dairy**

*Note: Please check food notes for any possible adjustments or dietary modifications for the day. Serve dip with crackers and enjoy!

Qty	Unit	Ingredient	Packing notes
1.0	tub(s)	Spinach Dip	Dairy Cooler
4.0	package(s)	Crackers	Day Box

Dinner Grilled Ham, Cheese, & Tomato Soup

Dinner Day #6

Individuals served: 16

Dietary restrictions / allergens: **Pork, Wheat/Gluten, Dairy**

Slice tomato and avocado and assemble sandwiches with ham and cheese to order. Toast your sandwiches on buttered griddle until golden brown and gooey. Warm up soup in pot and dip! *Hint: Spreading mayo to outside of bread helps prevent any burnt sammies.

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
4.0	pound(s)	Sliced Ham	Meat Cooler	4.0	whole	Avocados	Produce Cooler
4.0	pound(s)	Sliced Cheese	Dairy Cooler	3.0	loaf	Texas Toast	Bread Box
16.0	ounce(s)	Butter	Dairy Cooler	4.0	box(es)	Tomato Soup	Day Box
4.0	whole	Tomatoes	Produce Cooler				

Breakfast Yogurt, Granola, Bacon and Boiled Eggs

Breakfast Day #6

Individuals served: 16

Dietary restrictions / allergens: **Pork, Dairy**

Add cold water to pot, carefully place eggs to pot and add more water until 1 inch above eggs. Bring pot to a boil. Once boiling, add lid to pot and turn OFF burner. Let eggs simmer for about 8-12 minutes depending on desired doneness *Note: cooking times vary based on elevation. Bacon is precooked, just reheat! Make assembly line with granola and yogurt. Yum!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
2.0	tub(s)	Yogurt	Dairy Cooler	1.0	bottle(s)	Honey	Day Box
3.0	dozen(s)	Eggs	Egg Can	1.0	package(s)	Pre-cooked Bacon	Day Box
2.0	box(es)	Milk	Day Box	1.0	bag(s)	Granola	Day Box

Lunch Tuna Salad

Lunch Day #6

Individuals served: 16

Dietary restrictions / allergens: **Wheat/Gluten, Dairy, Fish**

Before leaving camp mix tuna with mayo and relish to taste. Chop celery and onion, and mix with tuna. Put in a ziplock bag in a cooler until lunchtime. Stop somewhere pretty for lunch and chop lettuce, mix with tuna. Slice or dice tomatoes. Serve with cheese on pita bread.

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
2.0	pound(s)	Sliced Cheese	Dairy Cooler	1.0	package(s)	Tuna	Day Box
0.5	bunch(es)	Celery	Produce Cooler	1.0	bottle(s)	Mayonnaise	Day Box
1.0	head(s)	Iceberg Lettuce	Produce Cooler	2.0	can(s)	Stax	Day Box
3.0	whole	Tomatoes	Produce Cooler	1.0	package(s)	Cookies	Day Box
3.0	package(s)	Pita Bread	Bread Box	1.0	whole	Red Onion	Produce Crate
1.0	bottle(s)	Relish	Day Box				

Appetizer Pesto Cream Cheese

Appetizer Day #7

Individuals served: 16

Dietary restrictions / allergens: **Dairy**

*Note: Please check food notes for any possible adjustments or dietary modifications for the day. Place cream cheese into a bowl and top with pesto, mix if desired. Enjoy with crackers!

Qty	Unit	Ingredient	Packing notes
1.0	jar(s)	Pesto	Dairy Cooler
2.0	package(s)	Cream Cheese	Dairy Cooler
4.0	package(s)	Crackers	Day Box

Dinner Kabobs

Dinner Day #7

Individuals served: 16

Dietary restrictions / allergens: **Chicken , Beef , Shellfish**

Soak skewers in a bowl with water for at 10-30 minutes before making skewers to prevent burning! Get coals started on grill. Cook rice according to instructions on box. Chop all remaining veggies into 1" chunks and set out with shrimp, chicken and beef. Make your own skewers, season to your liking and grill! Enjoy with side of rice.

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
2.0	pound(s)	Cubed Beef	Meat Cooler	4.0	whole	Red Bell Pepper	Produce Cooler
2.0	pound(s)	Cubed Chicken	Meat Cooler	1.0	package(s)	Fresh Mushrooms	Produce Cooler
1.0	bag(s)	Shrimp	Meat Cooler	1.0	package(s)	Wooden Skewers x 100	Day Box
4.0	whole	Zucchini	Produce Cooler	1.0	box(es)	Long Grain and Wild Rice	Day Box
4.0	whole	Yellow Squash	Produce Cooler	3.0	whole	Yellow Onion	Produce Crate
4.0	whole	Yellow Bell Pepper	Produce Cooler				

Dessert Mini Candy Bars

Dinner Day #7

Individuals served: 16

Qty	Unit	Ingredient	Packing notes
1.0	bag(s)	Assorted Candy Bars	Day Box

Breakfast Huevos Rancheros

Breakfast Day #7

Individuals served: 16

Dietary restrictions / allergens: **Dairy , Pork, Eggs**

Start bacon on skillet or dutch oven. Then prepare rice according to directions on box. Fry or scramble eggs, top with cheese to melt if desired. Add chilies to rice or eggs, or serve on the side.. Warm beans slowly, adding water to prevent scorching. Serve with salsa and warm tortillas.

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
4.0	pound(s)	Bacon	Meat Cooler	4.0	can(s)	Refried Beans	Day Box
2.0	pound(s)	Shredded Cheese	Dairy Cooler	2.0	can(s)	Diced Green Chiles	Day Box
1.0	package(s)	Corn Tortillas	Bread Box	1.0	box(es)	Spanish Rice	Day Box
3.0	dozen(s)	Eggs	Egg Can	1.0	pound(s)	Coffee	Day Box
4.0	jar(s)	Ranchero Salsa/Sauce	Day Box				

Lunch Bagel Sandwiches

Lunch Day #7

Individuals served: 16

Dietary restrictions / allergens: **Pork, Wheat/Gluten, Dairy**

Slice Veggies and make your bagel sandwich with cream cheese! Serve with chips and cookies. Happy boating!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
4.0	pound(s)	Sliced Ham	Meat Cooler	3.0	whole	Tomatoes	Produce Cooler
3.0	package(s)	Veggie Flavored Cream Cheese	Dairy Cooler	3.2	bag(s)	Bagels	Bread Box
1.0	head(s)	Romaine Lettuce	Produce Cooler	1.0	package(s)	Cookies	Day Box
4.0	whole	Red Bell Pepper	Produce Cooler	2.0	can(s)	Stax	Day Box
3.0	whole	Cucumbers	Produce Cooler				

Appetizer Tostadas

Appetizer Day #8

Individuals served: 16

Dietary restrictions / allergens: **Dairy**

*Note: Please check food notes for any possible adjustments or dietary modifications for the day.

Warm up refried beans in pot, in the meantime heat oil in skillet Once oil is hot, carefully put corn tortilla into pan one or two at a time. Remove tortilla once fried, 1-2 minutes. Make assembly line of tostadas, refried beans, salsa and shredded cheese. Yum!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
1.0	pound(s)	Shredded Cheese	Dairy Cooler	1.0	jar(s)	Salsa	Day Box
1.0	package(s)	Corn Tortillas	Bread Box	3.0	can(s)	Refried Beans	Day Box

Dinner Beef Tacos

Dinner Day #8

Individuals served: 16

Dietary restrictions / allergens: **Beef , Dairy**

Cook beef with diced onion and green chilies and taco seasoning to taste (add appropriate amount of water according to packet). Cook rice according to directions on box and add diced tomatoes with the water. Heat refried beans on stove over low heat, adding water to prevent scorching. Heat or fry corn tortillas before serving! Serve with cheese, guacamole, chopped cabbage, sour cream and olives. Yum!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
4.0	pound(s)	Ground Beef	Meat Cooler	1.0	box(es)	Spanish Rice	Day Box
2.0	pound(s)	Shredded Cheese	Dairy Cooler	3.0	can(s)	Diced Tomatoes	Day Box
1.0	tub(s)	Sour Cream	Dairy Cooler	4.0	can(s)	Refried Beans	Day Box
1.0	package(s)	Guacamole	Dairy Cooler	2.0	package(s)	Taco Seasoning	Day Box
2.0	package(s)	Corn Tortillas	Bread Box	1.0	whole	Yellow Onion	Produce Crate
2.0	can(s)	Diced Green Chiles	Day Box	1.0	head(s)	Green Cabbage	Produce Crate
2.0	can(s)	Black Olives	Day Box				

Side Dish River Slaw

Dinner Day #8

Individuals served: 16

Dietary restrictions / allergens: **Dairy**

Cut cabbage thinly. Grate apples and carrots. Mix all together in a bowl. Drizzle with honey and dressing and mix. Top with sunflower seeds.

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
1.0	pound(s)	Carrots	Produce Cooler	1.0	head(s)	Red Cabbage	Produce Crate
1.0	bottle(s)	Honey	Day Box	1.0	head(s)	Green Cabbage	Produce Crate
1.0	package(s)	Sunflower Seeds	Day Box	2.0	whole	Apples	Produce Crate
1.0	bottle(s)	Coleslaw Dressing	Day Box				

Dessert Churros

Dinner Day #8

Individuals served: 16

Dietary restrictions / allergens: **Wheat/Gluten**

Fry to golden brown in hot oil, coat with cinnamon and sugar. Yum!

Qty	Unit	Ingredient	Packing notes
20.0	whole	Churros	Meat Cooler
1.0	bottle(s)	Cinnamon	Spice Box
1.0	bottle(s)	Sugar	Spice Box

Breakfast Egg Muffins

Breakfast Day #8

Individuals served: 16

Dietary restrictions / allergens: **Wheat/Gluten, Dairy , Pork**

Fry Canadian Bacon in dutch oven, prepare eggs as desired (fried, scrambled, over easy), toast english muffins with butter top sandwich with cheese, avocado, tomato and green chilies if desired. Yum!

Qty	Unit	Ingredient	Packing notes
3.0	pound(s)	Canadian Bacon	Meat Cooler
1.0	pound(s)	Sliced Cheddar Cheese	Dairy Cooler
4.0	ounce(s)	Butter	Dairy Cooler
3.0	whole	Tomatoes	Produce Cooler
1.5	package(s)	English Muffins	Bread Box

Qty	Unit	Ingredient	Packing notes
3.0	dozen(s)	Eggs	Egg Can
2.0	can(s)	Diced Green Chiles	Day Box
1.0	pound(s)	Coffee	Day Box
3.0	whole	Avocados	Produce Crate

Lunch Hummus Pitas 2nd Half

Lunch Day #8

Individuals served: **16**

Dietary restrictions / allergens: **Dairy , Wheat/Gluten, Chicken**

Chop or slice tomatoes, peppers and cucumbers. Stop somewhere pretty and enjoy lunch!

Qty	Unit	Ingredient	Packing notes
3.0	pound(s)	Sliced Turkey	Meat Cooler
2.0	pound(s)	Sliced Cheese	Dairy Cooler
2.0	tub(s)	Hummus	Dairy Cooler
4.0	whole	Yellow Bell Pepper	Produce Cooler
2.0	bag(s)	Baby Carrots	Produce Cooler

Qty	Unit	Ingredient	Packing notes
3.0	package(s)	Pita Bread	Bread Box
2.0	can(s)	Stax	Day Box
1.0	package(s)	Cookies	Day Box
1.0	bag(s)	Beef Jerky	Day Box

Appetizer Egg Rolls

Appetizer Day #9

Individuals served: 16

Dietary restrictions / allergens: **Wheat/Gluten**

*Note: Please check food notes for any possible adjustments or dietary modifications for the day.

Heat up griddle and with a small amount of oil, rotate spring rolls while cooking, and fry until golden brown. Serve with sweet and sour sauce on side. Enjoy!

Qty	Unit	Ingredient	Packing notes
40.0	whole	Veggie Spring Rolls	Meat Cooler
1.0	bottle(s)	Sweet and Sour Sauce	Day Box

Dinner Chicken Curry

Dinner Day #9

Individuals served: 16

Dietary restrictions / allergens: **Chicken**

Chop onions, potatoes, yellow bell pepper, and carrots in bite sized pieces. Cook onion and chicken in Dutch oven with oil until browned, add garlic and stir until fragrant (1-2 min). Add curry sauce, coconut milk, chopped veggies to Dutch oven. Bring to boil, cover, and lower temp to simmer until veggies are soft. Cook rice according to directions on package. Once rice is ready, fluff for the perfect jasmine rice! Yum!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
4.0	pound(s)	Cubed Chicken	Meat Cooler	4.0	can(s)	Coconut Cream	Day Box
2.0	whole	Yellow Bell Pepper	Produce Cooler	1.0	bag(s)	Jasmine Rice	Day Box
1.0	pound(s)	Carrots	Produce Cooler	2.0	whole	Yellow Onion	Produce Crate
2.0	jar(s)	Green Curry Paste	Day Box	6.0	whole	Potatoes	Produce Crate

Breakfast Burritos Bacon

Breakfast Day #9

Individuals served: 16

Dietary restrictions / allergens: **Wheat/Gluten, Dairy, Pork**

Chop bell peppers, onion and potatoes separately. Start bacon in Dutch oven. Heat oil in pan for frying potatoes, add potatoes to hot pan, season before and after frying. Once potatoes are almost done, start on scrambled eggs. Heat up skillet with oil, add peppers and onion in a skillet (salt and pepper as desired) add scrambled eggs to skillet and stir. Drain, rinse and heat black beans. Assemble burritos! Good morning!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
4.0	pound(s)	Bacon	Meat Cooler	3.0	dozen(s)	Eggs	Egg Can
1.0	tub(s)	Sour Cream	Dairy Cooler	1.0	jar(s)	Salsa	Day Box
1.0	pound(s)	Shredded Cheese	Dairy Cooler	3.0	can(s)	Black Beans	Day Box
2.0	whole	Yellow Bell Pepper	Produce Cooler	1.0	pound(s)	Coffee	Day Box
2.0	whole	Red Bell Pepper	Produce Cooler	1.0	whole	Yellow Onion	Produce Crate
0.75	package(s)	Flour Tortillas	Bread Box	6.0	whole	Potatoes	Produce Crate

Lunch River Pasta Salad

Lunch Day #9

Individuals served: 16

Dietary restrictions / allergens: **Dairy, Wheat/Gluten**

Before leaving camp: cook pasta according to directions on box. Drain water and immediately add undrained sun dried tomatoes. Add drained olives, artichoke hearts, and roasted red peppers. Add cheese and spices to taste (salt, pepper, and Italian seasonings). Place in a ziplock bag, in a cooler until lunch time. Make sure bowls and utensils are accessible for lunch stop! Find somewhere pretty and enjoy!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
3.0	bag(s)	Cheese Cubes	Dairy Cooler	2.0	can(s)	Canned Artichoke Hearts	Day Box
3.0	bag(s)	Penne Pasta	Day Box	1.0	jar(s)	Roasted Red Peppers	Day Box
2.0	can(s)	Canned Chicken	Day Box	1.0	package(s)	Cookies	Day Box
2.0	jar(s)	Sun Dried Tomatoes	Day Box	2.0	can(s)	Stax	Day Box
1.0	can(s)	Black Olives	Day Box				

Appetizer Bruschetta

Appetizer Day #10

Individuals served: 16

Dietary restrictions / allergens: **Wheat/Gluten**

*Note: Please check food notes for any possible adjustments or dietary modifications for the day.
Serve as is or warm up on stove top for 1-2 minutes on low, stirring consistently. Dip with pita chips and enjoy!

Qty	Unit	Ingredient	Packing notes
2.0	jar(s)	Bruschetta	Day Box
1.0	bag(s)	Pita Chips	Day Box

Dinner Grilled Wild Salmon

Dinner Day #10

Individuals served: 16

Dietary restrictions / allergens: **Fish, Dairy**

Start coals! Wrap salmon in foil with butter, onion, and lemon slices. Place on grill when coals are hot. Cook asparagus on griddle or wrap in foil to steam on coals, prepare both with butter and seasonings. Prepare mashed potatoes according to directions on package. Serve with sour cream for mashed potatoes.

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
5.0	pound(s)	Wild Salmon	Meat Cooler	4.0	package(s)	Instant Mashed Potatoes	Day Box
8.0	ounce(s)	Butter	Dairy Cooler	4.0	whole	Lemons	Produce Crate
1.0	tub(s)	Sour Cream	Dairy Cooler	2.0	whole	Yellow Onion	Produce Crate
4.0	pound(s)	Asparagus	Produce Cooler				

Dessert Apple Crisp (DO)

Dinner Day #10

Individuals served: 16

Dietary restrictions / allergens: **Wheat/Gluten**

Use coals from dinner, or add more if needed. Slice apples and coat in cinnamon. Mix crisp mix with sliced butter until mix is chunky with butter. Add apples to dutch oven, and cover with crisp mix. Add lid to dutch oven and arrange above and below D.O. Bake until done, this can be anywhere from 10 to 45 minutes depending on how hot your coals are.

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
6.0	ounce(s)	Butter	Dairy Cooler	1.0	bottle(s)	Cinnamon	Spice Box
1.0	package(s)	Yellow Cake Mix	Day Box	10.0	whole	Apples	Produce Crate

Breakfast Blueberry French Toast with Sausage

Breakfast Day #10

Individuals served: 16

Dietary restrictions / allergens: **Pork, Wheat/Gluten, Dairy**

Mix eggs with milk and cinnamon together in a large bowl. Heat the griddle and add butter. Dip each slice of bread into egg batter and lay on griddle, cook on both sides until golden brown. Warm blueberries if desired. While making french toast, brown sausage on stove top. Serve with maple syrup. Good morning!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
4.0	pound(s)	Breakfast Sausage	Meat Cooler	1.0	box(es)	Milk	Day Box
3.0	loaf	Texas Toast	Bread Box	3.0	can(s)	Canned Blueberries	Day Box
2.0	dozen(s)	Eggs	Egg Can	1.0	pound(s)	Coffee	Day Box
1.0	bottle(s)	Maple Syrup	Day Box	1.0	bottle(s)	Cinnamon	Spice Box

Lunch Mexi Wraps

Lunch Day #10

Individuals served: 16

Dietary restrictions / allergens: **Wheat/Gluten, Dairy**

Before leaving camp: chop cucumber and tomatoes, and mix with all beans, chilies, olives, and spices as desired (we recommend salt, pepper, cumin, cilantro and chili powder)! Place in a ziplock, and store in lunch cooler. Stop somewhere pretty for lunch and chop lettuce and serve with salsa, sour cream, and guacamole.

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
1.0	tub(s)	Sour Cream	Dairy Cooler	1.0	can(s)	Diced Green Chiles	Day Box
1.0	package(s)	Guacamole	Dairy Cooler	1.0	can(s)	Diced Tomatoes	Day Box
1.0	pound(s)	Shredded Cheese	Dairy Cooler	1.0	can(s)	Canned Corn	Day Box
0.75	package(s)	Flour Tortillas	Bread Box	1.0	jar(s)	Salsa	Day Box
2.0	can(s)	Black Beans	Day Box	1.0	package(s)	Taco Seasoning	Day Box
3.0	can(s)	Pinto Beans	Day Box	1.0	package(s)	Cookies	Day Box
1.0	can(s)	Black Olives	Day Box				

Appetizer Hummus and Pita Chips

Appetizer Day #11

Individuals served: **16**

Dietary restrictions / allergens: **Wheat/Gluten**

*Note: Please check food notes for any possible adjustments or dietary modifications for the day. Enjoy pita chips and hummus!

Qty	Unit	Ingredient	Packing notes
1.0	tub(s)	Hummus	Dairy Cooler
1.0	bag(s)	Pita Chips	Day Box

Dinner Chicken Stir Fry

Dinner Day #11

Individuals served: **16**

Dietary restrictions / allergens: **Chicken**

Cook rice according to directions on package. Chop all veggies into bite sized pieces, and drained canned items. Cook chicken in Dutch oven with oil until brown, add spices desired. In Dutch oven or large pot, heat oil and add onions and carrots (cook 5 minutes), then add all other veggies and drained items. Add squash, zucchini, and cabbage last. Combine chicken with veggies and add stir fry sauce and soy sauce to taste, cook until combined and tender. Yum!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
4.0	pound(s)	Cubed Chicken	Meat Cooler	2.0	can(s)	Canned Bean Sprouts	Day Box
4.0	whole	Zucchini	Produce Cooler	1.0	bag(s)	Jasmine Rice	Day Box
4.0	whole	Red Bell Pepper	Produce Cooler	2.0	bottle(s)	Tamari Soy Sauce	Day Box
1.0	pound(s)	Snap Peas	Produce Cooler	2.0	bottle(s)	Stir-Fry Sauce	Day Box
2.0	can(s)	Canned Water Chestnuts	Day Box	1.0	head(s)	Green Cabbage	Produce Crate
2.0	can(s)	Canned Baby Corn	Day Box	2.0	whole	Yellow Onion	Produce Crate

Breakfast Gallo Pinto

Breakfast Day #11

Individuals served: **16**

Dietary restrictions / allergens: **Pork, Wheat/Gluten**

Start bacon in dutch oven. Prepare rice according to instructions on box. Dice and saute onion on low with 3 tablespoons of Worcestershire sauce, salt and pepper, add cumin if desired, approximately 4-6 minutes or until transparent. Add drained and rinsed black beans to cooked rice, heat through. Add onions to rice mixture. In separate pan scramble eggs. Serve with sliced avocados and heated tortillas.

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
4.0	pound(s)	Bacon	Meat Cooler	1.0	box(es)	Instant White Rice	Day Box
4.0	whole	Avocados	Produce Cooler	1.0	bottle(s)	Worcestershire Sauce	Day Box
0.75	package(s)	Flour Tortillas	Bread Box	1.0	jar(s)	Salsa	Day Box
3.0	dozen(s)	Eggs	Egg Can	1.0	pound(s)	Coffee	Day Box
4.0	can(s)	Black Beans	Day Box	1.0	whole	Yellow Onion	Produce Crate

Lunch Lox on Bagels with Cream Cheese 2nd Half

Lunch Day #11

Individuals served: **16**

Dietary restrictions / allergens: **Wheat/Gluten, Fish, Dairy**

Before leaving camp, make sure your lox packages are thawed! stop somewhere pretty for lunch and enjoy!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
2.0	package(s)	Salmon Lox	Meat Cooler	2.0	can(s)	Stax	Day Box
2.0	package(s)	Cream Cheese	Dairy Cooler	1.0	package(s)	Cookies	Day Box
3.2	bag(s)	Bagels	Bread Box	1.0	whole	Red Onion	Produce Crate
1.0	jar(s)	Capers	Day Box				

Appetizer Cheese and Crackers

Appetizer Day #12

Individuals served: 16

Dietary restrictions / allergens: **Wheat/Gluten**

*Note: Please check food notes for any possible adjustments or dietary modifications for the day.
Slice cheese and serve with crackers! Enjoy!

Qty	Unit	Ingredient	Packing notes
2.0	whole	Cheese Block	Dairy Cooler
4.0	package(s)	Crackers	Day Box

Dinner Beef Stew

Dinner Day #12

Individuals served: 16

Dietary restrictions / allergens: **Beef**

Chop carrots, celery, onion and potatoes. Cook beef in Dutch Oven with oil until browned. Next, add water and bouillon paste according to directions on bouillon jars. Add chopped vegetables. Cook until potatoes are soft. Mix flour with a small amount of water and incorporate into stew. (Mix VERY well to prevent lumps in your stew!) Cook until liquid reduces and thickened. Melt butter on griddle and mix with desired amount of garlic and Italian seasoning. Place down sourdough and brown. Yum!

Qty	Unit	Ingredient	Packing notes
4.0	pound(s)	Cubed Beef	Meat Cooler
8.0	ounce(s)	Butter	Dairy Cooler
1.0	pound(s)	Carrots	Produce Cooler
0.5	bunch(es)	Celery	Produce Cooler
2.0	loaf	Sourdough	Bread Box

Qty	Unit	Ingredient	Packing notes
0.25	cup(s)	Flour	Day Box
2.0	box(es)	Beef Broth	Day Box
2.0	whole	Yellow Onion	Produce Crate
5.0	whole	Potatoes	Produce Crate

Dessert S'mores

Dinner Day #12

Individuals served: 16

Dietary restrictions / allergens: **Wheat/Gluten**

Enjoy s'mores around a camp fire. Time for some river stories!

Qty	Unit	Ingredient	Packing notes
1.0	bag(s)	Marshmallows	Day Box
3.0	package(s)	Graham Crackers	Day Box

Qty	Unit	Ingredient	Packing notes
16.0	whole	Chocolate Bars	Day Box
1.0	package(s)	Wooden Skewers x 50	Day Box

Breakfast Yogurt and Granola, with Oatmeal

Breakfast Day #12

Individuals served: 16

Dietary restrictions / allergens: **Wheat/Gluten, Dairy**

Cook oatmeal by using 2 parts water to 1 part oatmeal. Add oats to boiling water and stir. Cook over medium heat until tender. Make assembly line for a quick and easy breakfast! Yum!

Qty	Unit	Ingredient	Packing notes
2.0	tub(s)	Yogurt	Dairy Cooler
1.0	bottle(s)	Honey	Day Box
1.0	bag(s)	Granola	Day Box

Qty	Unit	Ingredient	Packing notes
2.0	box(es)	Milk	Day Box
1.0	box(es)	Oatmeal	Day Box

Lunch Chicken Curry Wraps 2nd Half

Lunch Day #12

Individuals served: 16

Dietary restrictions / allergens: **Wheat/Gluten, Dairy, Chicken**

Before leaving camp (optional): open and drain chicken. Add mayo and curry sauce to taste (consider adding cayenne if for a kick). Place in ziplock bag in lunch cooler. Stop somewhere pretty for lunch, chop lettuce, cabbage and avocados and make your wrap with tortilla and cheese. Serve with cookies and chips!

Qty	Unit	Ingredient	Packing notes
1.0	pound(s)	Sliced Cheese	Dairy Cooler
4.0	whole	Avocados	Produce Cooler
1.0	package(s)	Flour Tortillas	Bread Box
5.0	can(s)	Canned Chicken	Day Box
2.0	jar(s)	Green Curry Paste	Day Box

Qty	Unit	Ingredient	Packing notes
1.0	bottle(s)	Mayonnaise	Day Box
2.0	can(s)	Stax	Day Box
1.0	package(s)	Cookies	Day Box
1.0	head(s)	Green Cabbage	Produce Crate

Appetizer Edamame

Appetizer Day #13

Individuals served: 16

Dietary restrictions / allergens: **Soy**

*Note: Please check food notes for any possible adjustments or dietary modifications for the day.
Serve cold or heat in boiling water until tender, coat with salt to taste. Serve with tamari soy sauce on side.

Qty	Unit	Ingredient	Packing notes
4.0	bag(s)	Frozen Edamame	Meat Cooler
1.0	bottle(s)	Tamari Soy Sauce	Day Box

Dinner Fettuccine Alfredo with Chicken

Dinner Day #13

Individuals served: 16

Dietary restrictions / allergens: **Chicken , Wheat/Gluten, Dairy**

Cook noodles according to directions, add splash of oil and stir frequently to prevent the noodles from sticking together. In a dutch oven start cooking chicken with a bit of oil and seasonings of choice (salt,pepper,onion,garlic). Chop zucchini & yellow bell peppers. Add vegetables and saute with chicken. Add drained mushrooms and chopped roasted red peppers to taste. Once veggies are tender add sauce and heat until warm. Melt butter and add garlic and spices. On griddle melt butter and add garlic and spices, place bread on top of butter and brown. Serve with shredded parmesan on top! Yum!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
4.0	pound(s)	Cubed Chicken	Meat Cooler	2.0	loaf	Sourdough	Bread Box
1.0	whole	Parmesan Cheese Block	Dairy Cooler	3.0	box(es)	Fettuccine Noodles	Day Box
8.0	ounce(s)	Butter	Dairy Cooler	3.0	jar(s)	Alfredo Sauce	Day Box
2.0	whole	Yellow Bell Pepper	Produce Cooler	2.0	jar(s)	Roasted Red Peppers	Day Box
2.0	whole	Zucchini	Produce Cooler	1.0	can(s)	Canned Mushrooms	Day Box

Breakfast Pancakes, Eggs, and Sausage

Breakfast Day #13

Individuals served: 16

Dietary restrictions / allergens: **Wheat/Gluten, Dairy , Pork, Eggs**

Start sausage in dutch oven or griddle. Heat griddle and mix pancakes. Coat griddle in butter and pour a spoonful of pancake batter on griddle and repeat until desired amount of pancakes are made. While cooking pancakes, start on scrambled eggs in a skillet or dutch oven. Add shredded cheese and salt & pepper to eggs. Serve pancakes with butter and syrup! Hint: warm up berries for a 5 star breakfast!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
4.0	pound(s)	Breakfast Sausage	Meat Cooler	3.0	dozen(s)	Eggs	Egg Can
2.0	pound(s)	Frozen Mixed Berries	Meat Cooler	2.0	box(es)	Pancake Mix	Day Box
16.0	ounce(s)	Butter	Dairy Cooler	1.0	bottle(s)	Maple Syrup	Day Box
1.0	pound(s)	Shredded Cheese	Dairy Cooler				

Lunch Taco Salad 2nd Half

Lunch Day #13

Individuals served: 16

Dietary restrictions / allergens: **Wheat/Gluten, Dairy**

Before leaving camp, drain all cans and mix together with taco seasoning to taste. Put in big ziplock bag in a cooler until lunch time. Find a cool spot, and chop lettuce and crush up some chips and add to bean mix. Serve in tortillas with beef jerky on the side.

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
1.0	package(s)	Guacamole	Dairy Cooler	1.0	bag(s)	Beef Jerky	Day Box
1.0	tub(s)	Sour Cream	Dairy Cooler	1.0	package(s)	Taco Seasoning	Day Box
0.75	package(s)	Flour Tortillas	Bread Box	1.0	bag(s)	Tortilla Chips	Day Box
2.0	can(s)	Black Beans	Day Box	1.0	package(s)	Cookies	Day Box
2.0	can(s)	Canned Kidney Beans	Day Box	1.0	can(s)	Canned Corn	Day Box
2.0	can(s)	Pinto Beans	Day Box	1.0	can(s)	Diced Green Chiles	Day Box
1.0	jar(s)	Salsa	Day Box	1.0	head(s)	Green Cabbage	Produce Crate

Appetizer Cheese and Crackers

Appetizer Day #14

Individuals served: 16

Dietary restrictions / allergens: **Wheat/Gluten**

*Note: Please check food notes for any possible adjustments or dietary modifications for the day.
Slice cheese and serve with crackers! Enjoy!

Qty	Unit	Ingredient	Packing notes
2.0	whole	Cheese Block	Dairy Cooler
4.0	package(s)	Crackers	Day Box

Dinner Steaks and Potatoes 2nd Half

Dinner Day #14

Individuals served: 16

Dietary restrictions / allergens: **Beef , Dairy**

Start coals! Sprinkle steaks with salt & pepper and any other spices desired. Follow instructions on mashed potato package. Slice onion and saute with butter and garlic, optional for steak topping. Heat green beans in a pan with water or butter to prevent scorching, season as desired. Serve dinner with sour cream and chives for mashed potatoes. Optional: everyone can season and cook their own steak to personal liking!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
16.0	whole	Steaks	Meat Cooler	1.0	jar(s)	Minced Garlic	Day Box
8.0	ounce(s)	Butter	Dairy Cooler	4.0	can(s)	Canned Mushrooms	Day Box
1.0	tub(s)	Sour Cream	Dairy Cooler	1.0	bottle(s)	Steak Sauce	Day Box
4.0	package(s)	Instant Mashed Potatoes	Day Box	1.0	bottle(s)	Chives	Spice Box
5.0	can(s)	Canned Green Beans	Day Box	2.0	whole	Yellow Onion	Produce Crate

Dessert Mixed Berry Cobbler (DO)

Dinner Day #14

Individuals served: 16

Dietary restrictions / allergens: **Wheat/Gluten**

Empty berries into dutch oven. Spread dry cake mix on top of fruit in an even layer. Add cinnamon on top of cake mix if desired. Cut butter into slices and arrange on top of dry cake mix. Put lid on dutch oven and arrange coals above and below. Rotate coals while cooking to avoid hot spots on cake. Bake until done, this can be anywhere from 10 to 45 minutes depending on how hot your coals are. Enjoy with whipped cream!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
2.0	pound(s)	Frozen Mixed Berries	Meat Cooler	16.0	ounce(s)	Butter	Dairy Cooler
1.0	can(s)	Whipped Cream	Dairy Cooler	2.0	box(es)	Yellow Cake Mix	Day Box

Breakfast Burritos Bacon 2nd Half

Breakfast Day #14

Individuals served: 16

Dietary restrictions / allergens: **Wheat/Gluten, Dairy , Pork**

Dice potatoes and heat oil in pan for frying potatoes, add potatoes to hot pan, season before and after frying. Start bacon in dutch oven. Once potatoes are almost done scramble eggs, and add peppers and onion with salt and pepper on skillet. Drain, rinse and heat black beans if desired or simply serve out of can rinsed. Warm tortillas in skillet. Serve with cheese and sour cream. Good morning!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
4.0	pound(s)	Bacon	Meat Cooler	3.0	dozen(s)	Eggs	Egg Can
1.0	package(s)	Frozen Peppers and Onions	Meat Cooler	1.0	jar(s)	Salsa	Day Box
1.0	pound(s)	Shredded Cheese	Dairy Cooler	3.0	can(s)	Black Beans	Day Box
1.0	tub(s)	Sour Cream	Dairy Cooler	1.0	pound(s)	Coffee	Day Box
1.0	package(s)	Flour Tortillas	Bread Box	6.0	whole	Potatoes	Produce Crate

Lunch Cold Cut Sammies 2nd Half

Lunch Day #14

Individuals served: 16

Dietary restrictions / allergens: **Wheat/Gluten, Dairy , Chicken**

Thaw lunch meat before you leave camp in the morning if needed. If you'd like you can pre make lunches, set up supplies and zip locks at breakfast, or set up somewhere pretty at lunch time. Slice tomatoes, onions, and assemble sammies as desired with condiments and guacamole. Serve with chips and cookies!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
4.0	pound(s)	Sliced Deli Meat	Meat Cooler	1.0	jar(s)	Pickles	Day Box
2.0	pound(s)	Sliced Cheese	Dairy Cooler	1.0	jar(s)	Pepperoncinis	Day Box
1.0	package(s)	Guacamole	Dairy Cooler	1.0	package(s)	Cookies	Day Box
2.6	loaf	Bread	Bread Box	2.0	can(s)	Stax	Day Box
1.0	bottle(s)	Mayonnaise	Day Box	1.0	whole	Red Onion	Produce Crate
1.0	bottle(s)	Mustard	Day Box				

Appetizer Tortilla Chips, Salsa, and Guacamole

Appetizer Day #15

Individuals served: 16

*Note: Please check food notes for any possible adjustments or dietary modifications for the day. Open, serve, and enjoy!

Qty	Unit	Ingredient	Packing notes
1.0	package(s)	Guacamole	Dairy Cooler
1.0	bag(s)	Tortilla Chips	Day Box
1.0	jar(s)	Salsa	Day Box

Dinner Jambalaya with Shrimp and Sausage 2nd Half

Dinner Day #15

Individuals served: 16

Dietary restrictions / allergens: **Pork, Shellfish**

Prepare jambalaya according to directions on box. Saute onions, peppers and drained mushrooms in a bit of oil. Add sausage and seasonings to taste and stir until cooked through. Add in shrimp and cook until fully pink and in the shape of a "C". Lastly add diced tomatoes to meat mixture. Mix together meat/veg with jambalaya if desired. If you have non meat eaters in your group, leave ingredients separate.

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
1.0	bag(s)	Shrimp	Meat Cooler	2.0	can(s)	Diced Tomatoes	Day Box
12.0	whole	Andouille Sausage	Meat Cooler	5.0	box(es)	Jambalaya	Day Box
1.0	package(s)	Frozen Peppers and Onions	Meat Cooler	1.0	whole	Yellow Onion	Produce Crate
2.0	can(s)	Canned Mushrooms	Day Box				

Breakfast Eggs Benedict

Breakfast Day #15

Individuals served: 16

Dietary restrictions / allergens: **Pork, Wheat/Gluten**

Heat Canadian bacon in Dutch oven or skillet. Toast English muffins with butter or oil. While toasting english muffins mix hollandaise sauce according to directions on package. Scramble eggs with milk to make creamy, add salt and pepper to taste. Stack muffin with bacon, egg, top with asparagus if desired and drizzle hollandaise. If hollandaise becomes too thick add water and stir. Note: Can make eggs to order instead of scramble. Enjoy!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
3.0	pound(s)	Canadian Bacon	Meat Cooler	2.0	package(s)	Hollandaise Sauce	Day Box
12.0	ounce(s)	Butter	Dairy Cooler	1.0	can(s)	Canned Asparagus	Day Box
2.0	package(s)	English Muffins	Bread Box	1.0	box(es)	Milk	Day Box
3.0	dozen(s)	Eggs	Egg Can	1.0	pound(s)	Coffee	Day Box

Lunch River Pasta Salad

Lunch Day #15

Individuals served: 16

Dietary restrictions / allergens: **Dairy , Wheat/Gluten**

Before leaving camp: cook pasta according to directions on box. Drain water and immediately add undrained sun dried tomatoes. Add drained olives, artichoke hearts, and roasted red peppers. Add cheese and spices to taste (salt, pepper, and Italian seasonings). Place in a ziplock bag, in a cooler until lunch time. Make sure bowls and utensils are accessible for lunch stop! Find somewhere pretty and enjoy!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
3.0	bag(s)	Cheese Cubes	Dairy Cooler	2.0	can(s)	Canned Artichoke Hearts	Day Box
3.0	bag(s)	Penne Pasta	Day Box	1.0	jar(s)	Roasted Red Peppers	Day Box
2.0	can(s)	Canned Chicken	Day Box	1.0	package(s)	Cookies	Day Box
2.0	jar(s)	Sun Dried Tomatoes	Day Box	2.0	can(s)	Stax	Day Box
1.0	can(s)	Black Olives	Day Box				

Appetizer Train Wreck

Appetizer Day #16

Individuals served: 16

Dietary restrictions / allergens: Dairy

*Note: Please check food notes for any possible adjustments or dietary modifications for the day.

Put cream cheese into a bowl, cover with drained and rinsed black beans, green chilies and salsa. Mix if desired or serve as is with chips. Enjoy!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
2.0	package(s)	Cream Cheese	Dairy Cooler	2.0	can(s)	Black Beans	Day Box
1.0	bag(s)	Tortilla Chips	Day Box	1.0	can(s)	Diced Green Chiles	Day Box
1.0	jar(s)	Salsa	Day Box				

Dinner Tortellini w/ Chicken

Dinner Day #16

Individuals served: 16

Dietary restrictions / allergens: Wheat/Gluten, Dairy, Chicken

Cook tortellini according to package. Warm sauce until heated through. Add pre-cooked chicken to sauce to reheat or reheat in pan with small amount of oil to prevent sticking. Heat up green beans with small amount of water or oil to prevent scorching, season to taste. For easy garlic bread, melt butter and garlic and spread on bread, place on griddle pan until golden brown. Serve pasta with parmesan. Yum!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
4.0	pound(s)	Pre-cooked Chicken Strips	Meat Cooler	4.0	package(s)	Dried Tortellini	Day Box
4.0	ounce(s)	Butter	Dairy Cooler	2.0	jar(s)	Marinara Sauce	Day Box
0.5	whole	Parmesan Cheese Block	Dairy Cooler	5.0	can(s)	Canned Green Beans	Day Box
2.0	loaf	Sourdough	Bread Box				

Dessert Dark Chocolate Bars

Dinner Day #16

Individuals served: 16

Dietary restrictions / allergens: Dairy

Enjoy!

Qty	Unit	Ingredient	Packing notes
8.0	whole	Dark Chocolate Bars	Day Box

Breakfast Eggs, Bacon, Hash Browns

Breakfast Day #16

Individuals served: 16

Dietary restrictions / allergens: Wheat/Gluten, Dairy, Pork

Follow the instructions on the package for the hash browns. Prepare eggs as desired (sunny side up, fried, over easy). Warm up pre cooked bacon. Toast english muffins on griddle with butter or pam. Warm up tortillas on pan or dutch oven lid. Make burrito with salsa, hot sauce, shredded cheese & precooked bacon, hash browns on the side or inside of burrito! Good morning!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
1.0	package(s)	Frozen Cubed Breakfast Potatoes	Meat Cooler	1.0	package(s)	Pre-cooked Bacon	Day Box
2.0	pound(s)	Shredded Cheese	Dairy Cooler	1.0	bottle(s)	Hot Sauce	Day Box
1.0	package(s)	Flour Tortillas	Bread Box	1.0	jar(s)	Salsa	Day Box
3.0	dozen(s)	Eggs	Egg Can	1.0	pound(s)	Coffee	Day Box

Lunch Mexi Wraps

Lunch Day #16

Individuals served: 16

Dietary restrictions / allergens: Wheat/Gluten, Dairy

Before leaving camp: chop cucumber and tomatoes, and mix with all beans, chilies, olives, and spices as desired (we recommend salt, pepper, cumin, cilantro and chili powder)! Place in a ziplock, and store in lunch cooler. Stop somewhere pretty for lunch and chop lettuce and serve with salsa, sour cream, and guacamole.

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
1.0	tub(s)	Sour Cream	Dairy Cooler	1.0	can(s)	Diced Green Chiles	Day Box
1.0	package(s)	Guacamole	Dairy Cooler	1.0	can(s)	Diced Tomatoes	Day Box
1.0	pound(s)	Shredded Cheese	Dairy Cooler	1.0	can(s)	Canned Corn	Day Box
0.75	package(s)	Flour Tortillas	Bread Box	1.0	jar(s)	Salsa	Day Box
2.0	can(s)	Black Beans	Day Box	1.0	package(s)	Taco Seasoning	Day Box
3.0	can(s)	Pinto Beans	Day Box	1.0	package(s)	Cookies	Day Box
1.0	can(s)	Black Olives	Day Box				

Appetizer Cowboy Candy

Appetizer Day #17

Individuals served: 16

Dietary restrictions / allergens: **Wheat/Gluten, Dairy**

*Note: Please check food notes for any possible adjustments or dietary modifications for the day.

Mix one can of jalapeños with block of cream cheese and 2-3 tablespoons of honey in bowl. Top with second can of jalapeños (to taste) and drizzle lightly with honey. Serve with pretzel chips.

Hint: if you have leftover precooked bacon, chop up and add to dip to make a deconstructed jalapeño popper!
Savory, sweet, heat.

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
2.0	package(s)	Cream Cheese	Dairy Cooler	2.0	jar(s)	Diced Jalapeno	Day Box
1.0	bottle(s)	Honey	Day Box	1.0	bag(s)	Pretzels	Day Box

Dinner Cauliflower and Potato Curry

Dinner Day #17

Individuals served: 16

Chop onions, potatoes, yellow squash, carrots, and cauliflower in bite sized pieces. Saute onions in 4 tbs of butter until soft (4-6 min), add garlic until fragrant. Add curry sauce, coconut milk, chopped veggies to Dutch oven. Bring to boil, cover, and lower temp to simmer until veggies are soft. Cook rice according to directions on package. Once rice is ready, fluff with remaining butter for the perfect jasmine rice! Yum!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
8.0	ounce(s)	Butter	Dairy Cooler	4.0	can(s)	Coconut Cream	Day Box
2.0	head(s)	Cauliflower	Produce Cooler	1.0	bag(s)	Jasmine Rice	Day Box
1.0	pound(s)	Carrots	Produce Cooler	8.0	whole	Potatoes	Produce Crate
4.0	whole	Yellow Squash	Produce Cooler	1.0	whole	Yellow Onion	Produce Crate
2.0	jar(s)	Green Curry Paste	Day Box				

Breakfast Oatmeal and Hard Boiled Eggs

Breakfast Day #17

Individuals served: 16

Dietary restrictions / allergens: **Wheat/Gluten, Tree Nuts**

Add cold water to pot, carefully place eggs to pot and add more water until 1 inch above eggs. Bring pot to a boil. Once boiling, add lid to pot and turn OFF burner. Let eggs simmer for about 8-12 minutes depending on desired doneness *Note: cooking times vary based on elevation. Cook oatmeal by using 2 parts water to 1 part oatmeal. Add oats to boiling water and stir. Cook over medium heat until tender. Add toppings as desired. *Hint: Use extra almond milk to make oats creamy and add dried fruit to oatmeal while cooking to rehydrate!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
4.0	dozen(s)	Eggs	Egg Can	1.0	package(s)	Dried Fruit	Day Box
1.0	box(es)	Oatmeal	Day Box	1.0	package(s)	Brown Sugar	Day Box
1.0	package(s)	Almonds	Day Box				

Lunch Tuna Salad 2nd Half

Lunch Day #17

Individuals served: 16

Dietary restrictions / allergens: **Wheat/Gluten, Dairy, Fish**

Before leaving camp mix tuna with mayo and relish to taste. Chop celery and onion, and mix with tuna. Put in a ziplock bag in a cooler until lunchtime. Stop somewhere pretty for lunch and chop lettuce, mix with tuna. Slice or dice tomatoes. Serve with cheese on pita bread.

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
2.0	pound(s)	Sliced Cheese	Dairy Cooler	1.0	bottle(s)	Mayonnaise	Day Box
3.0	package(s)	Pita Bread	Bread Box	2.0	can(s)	Stax	Day Box
2.0	can(s)	Diced Tomatoes	Day Box	1.0	package(s)	Cookies	Day Box
1.0	bottle(s)	Relish	Day Box	1.0	whole	Red Onion	Produce Crate
1.0	package(s)	Tuna	Day Box	1.0	head(s)	Red Cabbage	Produce Crate

Appetizer Squash Soup

Appetizer Day #18

Individuals served: 16

*Note: Please check food notes for any possible adjustments or dietary modifications for the day. Heat and add any additional spices desired, enjoy!

Qty	Unit	Ingredient	Packing notes
4.0	box(es)	Squash Soup	Day Box

Dinner Italian Sausage Lasagna (DO)

Dinner Day #18

Individuals served: 16

Dietary restrictions / allergens: **Pork, Wheat/Gluten, Dairy**

Brown and break up sausage in a bit of pam or oil and set aside. Drain spinach, removing as much water as you can. Add a thin layer of marinara to bottom of Dutch oven, and start to make thin layers of ingredients. Start with noodles, then cheeses, spinach, and sauce, sausage. Repeat until all ingredients are gone. *Note: Be sure to have enough marinara and mozzarella to put on top layer* Cook green beans with 2oz of butter or oil and season to taste. On griddle melt butter and add garlic and spices, place bread on top of butter and brown. Yum!

IF your group has an allergy restriction, the substitute is penne pasta with sauce and cheese, accommodating whichever preference. IF you have a vegetarian or vegan, prepare a meat lasagna and a veggie lasagna, or serve Italian Sausage on top or side of lasagna, rather than incorporated.

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
4.0	pound(s)	Ground Italian Sausage	Meat Cooler	2.0	loaf	Sourdough	Bread Box
1.0	bag(s)	Frozen Green Beans	Meat Cooler	4.0	box(es)	Oven Ready Lasagna Noodles	Day Box
4.0	pound(s)	Shredded Mozzarella	Dairy Cooler	3.0	jar(s)	Marinara Sauce	Day Box
8.0	ounce(s)	Butter	Dairy Cooler	2.0	can(s)	Canned Spinach	Day Box
1.0	package(s)	Ricotta Cheese	Dairy Cooler				

Dessert No Bake Cheesecake

Dinner Day #18

Individuals served: 16

Dietary restrictions / allergens: **Wheat/Gluten**

Follow direction on box and assemble in skillet, no need to heat. Enjoy!

Qty	Unit	Ingredient	Packing notes
2.0	box(es)	No Bake Cheesecake	Day Box

Breakfast French Toast and Bacon

Breakfast Day #18

Individuals served: 16

Dietary restrictions / allergens: **Wheat/Gluten, Dairy, Pork**

Start bacon on stove top or dutch oven. While bacon is cooking, mix eggs with milk (2/3 cup per dozen) and cinnamon together in a large bowl. Heat the griddle and add butter. Dip each slice of bread into egg batter and lay on griddle, cook on both sides until golden brown. Serve with maple syrup and side of bacon. Good morning!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
4.0	pound(s)	Bacon	Meat Cooler	1.0	bottle(s)	Maple Syrup	Day Box
8.0	ounce(s)	Butter	Dairy Cooler	1.0	box(es)	Milk	Day Box
3.0	loaf	Texas Toast	Bread Box	1.0	pound(s)	Coffee	Day Box
2.0	dozen(s)	Eggs	Egg Can	1.0	bottle(s)	Cinnamon	Spice Kit

Lunch Reuben Wraps

Lunch Day #18

Individuals served: 16

Dietary restrictions / allergens: **Beef, Wheat/Gluten, Dairy**

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
4.0	pound(s)	Sliced Pastrami	Meat Cooler	2.0	bottle(s)	Sauerkraut	Day Box
2.0	pound(s)	Sliced Cheese	Dairy Cooler	1.0	package(s)	Cookies	Day Box
0.75	package(s)	Flour Tortillas	Bread Box	2.0	can(s)	Stax	Day Box
1.0	bottle(s)	Thousand Island Dressing	Day Box				

Appetizer Olive Tapenade

Appetizer Day #19

Individuals served: 16

Dietary restrictions / allergens: **Wheat/Gluten**

*Note: Please check food notes for any possible adjustments or dietary modifications for the day.
Dip and Enjoy!

Qty	Unit	Ingredient	Packing notes
2.0	jar(s)	Olive Tapenade	Day Box
4.0	package(s)	Crackers	Day Box

Dinner Quick Steak Fajitas 2nd Half

Dinner Day #19

Individuals served: 16

Dietary restrictions / allergens: **Beef , Wheat/Gluten, Dairy**

Steak is precooked and seasoned. Just heat and add seasonings to taste. Saute onions and peppers with steak on separate griddle. Drain beans and heat, adding seasonings to taste. Warm tortillas on skillet or Dutch oven lid. Serve with guacamole, salsa, sour cream, and cheese. IOLE!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
4.0	pound(s)	Pre-cooked Steak Strips	Meat Cooler	1.0	package(s)	Flour Tortillas	Bread Box
1.0	package(s)	Frozen Peppers and Onions	Meat Cooler	1.0	jar(s)	Salsa	Day Box
2.0	pound(s)	Shredded Cheese	Dairy Cooler	2.0	package(s)	Taco Seasoning	Day Box
1.0	tub(s)	Sour Cream	Dairy Cooler	2.0	can(s)	Black Beans	Day Box
1.0	package(s)	Guacamole	Dairy Cooler				

Side Dish Cilantro Lime Rice

Dinner Day #19

Individuals served: 16

Cook rice according to instructions. Chop stem ends of jalapenos off, chop peppers in half lengthwise, and remove seeds and interior ribs. Once rice is cooked, add cilantro and jalapenos to taste. Squeeze limes on top.

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
4.0	whole	Jalapenos	Produce Cooler	1.0	bottle(s)	Dried Cilantro	Spice Box
1.0	bag(s)	Jasmine Rice	Day Box	4.0	whole	Limes	Produce Crate

Breakfast Tacos 2nd Half

Breakfast Day #19

Individuals served: 16

Dietary restrictions / allergens: **Pork, Dairy , Eggs**

Chop and boil potatoes until fork tender. Remove and fry potatoes with butter and frozen peppers and onions in Dutch oven. Add chorizo to potato mixture. Once heated though fold in egg mixture. Season with salt and pepper. Heat tortillas on dutch oven lid or on griddle. Make taco assembly line with salsa and cheese! Yum!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
4.0	pound(s)	Chorizo	Meat Cooler	3.0	dozen(s)	Eggs	Egg Can
1.0	package(s)	Frozen Peppers and Onions	Meat Cooler	1.0	jar(s)	Salsa	Day Box
1.0	pound(s)	Shredded Cheese	Dairy Cooler	1.0	pound(s)	Coffee	Day Box
1.0	package(s)	Corn Tortillas	Bread Box	6.0	whole	Potatoes	Produce Crate

Lunch Hummus Pitas 2nd Half

Lunch Day #19

Individuals served: 16

Dietary restrictions / allergens: **Dairy , Wheat/Gluten, Chicken**

Chop or slice tomatoes, peppers and cucumbers. Stop somewhere pretty and enjoy lunch!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
3.0	pound(s)	Sliced Turkey	Meat Cooler	3.0	package(s)	Pita Bread	Bread Box
2.0	pound(s)	Sliced Cheese	Dairy Cooler	2.0	can(s)	Stax	Day Box
2.0	tub(s)	Hummus	Dairy Cooler	1.0	package(s)	Cookies	Day Box
4.0	whole	Yellow Bell Pepper	Produce Cooler	1.0	bag(s)	Beef Jerky	Day Box
2.0	bag(s)	Baby Carrots	Produce Cooler				

Appetizer Pretzels and Cheese Dip

Appetizer Day #20

Individuals served: **16**

Dietary restrictions / allergens: **Wheat/Gluten, Dairy**

*Note: Please check food notes for any possible adjustments or dietary modifications for the day.
Dip and enjoy!

Qty	Unit	Ingredient	Packing notes
2.0	package(s)	Herb and Cheese Dip	Dairy Cooler
1.0	bag(s)	Pretzels	Day Box

Dinner Grilled BBQ Chicken

Dinner Day #20

Individuals served: **16**

Dietary restrictions / allergens: **Chicken**

Start coals! Coat chicken breasts with BBQ sauce and grill, adding BBQ sauce as cooking. Cook rice per directions on box/bag. Cook cauliflower as desired (steam, grilled, saute) with seasonings of choice. Heat up green beans and season as well. Hint: add pam or canola oil to grill to avoid sticking!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
18.0	whole	Chicken Breasts	Meat Cooler	1.0	bottle(s)	BBQ Sauce	Day Box
4.0	pound(s)	Frozen Cauliflower	Meat Cooler	1.0	box(es)	Long Grain and Wild Rice	Day Box
4.0	can(s)	Canned Green Beans	Day Box				

Side Dish River Slaw

Dinner Day #20

Individuals served: **16**

Dietary restrictions / allergens: **Dairy**

Cut cabbage thinly. Grate apples and carrots. Mix all together in a bowl. Drizzle with honey and dressing and mix. Top with sunflower seeds.

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
1.0	pound(s)	Carrots	Produce Cooler	1.0	head(s)	Red Cabbage	Produce Crate
1.0	bottle(s)	Honey	Day Box	1.0	head(s)	Green Cabbage	Produce Crate
1.0	package(s)	Sunflower Seeds	Day Box	2.0	whole	Apples	Produce Crate
1.0	bottle(s)	Coleslaw Dressing	Day Box				

Dessert Pineapple Upside Down Cake (DO)

Dinner Day #20

Individuals served: **16**

Dietary restrictions / allergens: **Wheat/Gluten**

Mix ingredients according to cake box directions and add to dutch oven, top with drained canned pineapple. Prepare coals or use coals from dinner. Refer to the Dutch oven cooking section in the Menu Book. Make sure to rotate coals while cooking to avoid hot spots on cake. Bake until done, this can be anywhere from 10 to 45 minutes depending on how hot your coals are. Enjoy!

Qty	Unit	Ingredient	Packing notes
0.5	dozen(s)	Eggs	Egg Can
2.0	box(es)	Pineapple Upside Down Cake Mix	Day Box
1.0	can(s)	Canned Pineapple	Day Box

Breakfast Egg Muffins 2nd Half

Breakfast Day #20

Individuals served: **16**

Dietary restrictions / allergens: **Wheat/Gluten, Dairy, Pork**

Fry Canadian bacon in dutch oven, prepare eggs as desired (scrambled, fried, over easy), toast english muffins with butter. Top with green chilies and cheese as desired!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
3.0	pound(s)	Canadian Bacon	Meat Cooler	3.0	dozen(s)	Eggs	Egg Can
1.0	pound(s)	Sliced Cheddar Cheese	Dairy Cooler	2.0	can(s)	Diced Green Chiles	Day Box
4.0	ounce(s)	Butter	Dairy Cooler	1.0	pound(s)	Coffee	Day Box
1.5	package(s)	English Muffins	Bread Box				

Lunch Cuban Wrap

Lunch Day #20

Individuals served: **16**

Dietary restrictions / allergens: **Pork, Wheat/Gluten, Dairy**

Assemble your tortilla with ham, cheese, bacon, pickle and mustard. Roll up like a burrito and put in ziplock before leaving camp or assemble while stopped on a beach! Serve with chips and cookies!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
3.0	pound(s)	Sliced Ham	Meat Cooler	1.0	bottle(s)	Spicy Mustard	Day Box
2.0	pound(s)	Sliced Swiss Cheese	Dairy Cooler	1.0	jar(s)	Dill Pickle Spears	Day Box
0.75	package(s)	Flour Tortillas	Bread Box	1.0	bag(s)	Chips	Day Box
1.0	package(s)	Pre-cooked Bacon	Day Box	1.0	package(s)	Cookies	Day Box

Appetizer Smoked Oysters

Appetizer Day #21

Individuals served: 16

Dietary restrictions / allergens: **Wheat/Gluten, Dairy, Shellfish**

*Note: Please check food notes for any possible adjustments or dietary modifications for the day.
Slice cheese and top crackers with oysters and capers as desired. Enjoy!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
6.0	package(s)	Smoked Oysters	Day Box	4.0	package(s)	Crackers	Day Box
1.0	jar(s)	Capers	Day Box	1.0	whole	Cheese Block	Dairy Cooler

Dinner Pesto Gnocchi with Andouille 2nd Half

Dinner Day #21

Individuals served: 16

Dietary restrictions / allergens: **Wheat/Gluten, Tree Nuts, Dairy, Beef, Pork**

Cook gnocchi according to directions on package. Cut up sausage and chop onions and peppers. Saute together in Dutch oven with cauliflower until sausage is cooked. Add drained gnocchi, pesto, and cream to dutch oven. Fold until all ingredients are combined. On griddle melt butter and add rest of garlic and spices, place bread on top of butter and brown. Top with grated parmesan to taste. Serve with grated parmesan. Enjoy!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
16.0	whole	Andouille Sausage	Meat Cooler	2.0	loaf	Sourdough	Bread Box
2.0	pound(s)	Frozen Cauliflower	Meat Cooler	1.0	jar(s)	Minced Garlic	Day Box
1.5	cup(s)	Heavy Whipping Cream	Dairy Cooler	6.0	package(s)	Gnocchi	Day Box
1.0	whole	Parmesan Cheese Block	Dairy Cooler	2.0	jar(s)	Roasted Red Peppers	Day Box
2.0	jar(s)	Pesto	Dairy Cooler	1.0	whole	Yellow Onion	Produce Crate

Dessert Little Debbie Cakes

Dinner Day #21

Individuals served: 16

Dietary restrictions / allergens: **Wheat/Gluten**

Qty	Unit	Ingredient	Packing notes
16.0	whole	Lil Debbie Cakes	Day Box

Breakfast Oatmeal and Hard Boiled Eggs

Breakfast Day #21

Individuals served: 16

Dietary restrictions / allergens: **Wheat/Gluten, Tree Nuts**

Add cold water to pot, carefully place eggs to pot and add more water until 1 inch above eggs. Bring pot to a boil. Once boiling, add lid to pot and turn OFF burner. Let eggs simmer for about 8-12 minutes depending on desired doneness *Note: cooking times vary based on elevation. Cook oatmeal by using 2 parts water to 1 part oatmeal. Add oats to boiling water and stir. Cook over medium heat until tender. Add toppings as desired. *Hint: Use extra almond milk to make oats creamy and add dried fruit to oatmeal while cooking to rehydrate!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
4.0	dozen(s)	Eggs	Egg Can	1.0	package(s)	Dried Fruit	Day Box
1.0	box(es)	Oatmeal	Day Box	1.0	package(s)	Brown Sugar	Day Box
1.0	package(s)	Almonds	Day Box				

Lunch Chicken Salad Pitas 2nd Half

Lunch Day #21

Individuals served: 16

Dietary restrictions / allergens: **Wheat/Gluten, Dairy, Chicken**

Before leaving camp, open and drain chicken. Mix with mayo, relish and chopped onion to taste. Put in a ziplock bag until lunchtime. Stop somewhere pretty for lunch serve with can of diced tomatoes, cheese and guacamole. Make your pita and enjoy with chips and cookies!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
1.0	pound(s)	Sliced Cheese	Dairy Cooler	1.0	bottle(s)	Mayonnaise	Day Box
1.0	package(s)	Guacamole	Dairy Cooler	1.0	bottle(s)	Relish	Day Box
3.0	package(s)	Pita Bread	Bread Box	1.0	package(s)	Cookies	Day Box
5.0	can(s)	Canned Chicken	Day Box	2.0	can(s)	Stax	Day Box
2.0	can(s)	Diced Tomatoes	Day Box	1.0	whole	Red Onion	Produce Crate

Appetizer Quesadillas

Appetizer Day #22

Individuals served: 16

Dietary restrictions / allergens: **Wheat/Gluten, Dairy**

*Note: Please check food notes for any possible adjustments or dietary modifications for the day.

Warm up griddle. Use veggie oil or extra butter to lightly coat the surface of the griddle. Place tortilla on griddle, layer with cheese, fold in half and flip when tortilla is golden brown. Can also leave open faced to make a cheese crisp!

Qty	Unit	Ingredient	Packing notes
2.0	pound(s)	Shredded Cheese	Dairy Cooler
1.0	package(s)	Flour Tortillas	Bread Box

Dinner Beef Chili

Dinner Day #22

Individuals served: 16

Dietary restrictions / allergens: **Beef , Wheat/Gluten, Dairy**

Drain and rinse beans. Chop and sauté onions (4-6 min. or until translucent), add garlic and mix until fragrant (1-2 min). Add ground beef to onions and brown and break up meat. Once browned, add tomato sauce, tomato paste *include one can of water per can of paste used*, diced tomatoes and beans. Add chili seasoning, green chilies, corn and any other seasonings to taste, and cook until desired thickness. Serve with saltine crackers, sour cream and shredded cheese. Yum!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
4.0	pound(s)	Ground Beef	Meat Cooler	3.0	package(s)	Chili Seasoning	Day Box
1.0	pound(s)	Shredded Cheese	Dairy Cooler	4.0	package(s)	Saltine Crackers	Day Box
1.0	tub(s)	Sour Cream	Dairy Cooler	4.0	can(s)	Tomato Paste	Day Box
4.0	can(s)	Canned Kidney Beans	Day Box	1.0	can(s)	Canned Corn	Day Box
2.0	can(s)	Pinto Beans	Day Box	2.0	can(s)	Diced Green Chiles	Day Box
5.0	can(s)	Diced Tomatoes	Day Box	2.0	whole	Yellow Onion	Produce Crate
1.0	jar(s)	Minced Garlic	Day Box				

Breakfast Quick Bacon Scramble 2nd Half

Breakfast Day #22

Individuals served: 16

Dietary restrictions / allergens: **Dairy , Eggs, Pork**

Bacon is fully cooked, just reheat in pan! Chop peppers onion and drain spinach and mushroom. Sauté all veggies with oil or butter in a Dutch oven. Add eggs and mix together until desired doneness, season with salt and pepper. Throw in chopped bacon or serve on the side. Top eggs with guacamole for a treat! Yum!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
1.0	package(s)	Guacamole	Dairy Cooler	2.0	can(s)	Canned Mushrooms	Day Box
4.0	ounce(s)	Butter	Dairy Cooler	1.0	can(s)	Canned Spinach	Day Box
1.0	pound(s)	Shredded Cheese	Dairy Cooler	1.0	jar(s)	Salsa	Day Box
3.0	dozen(s)	Eggs	Egg Can	1.0	pound(s)	Coffee	Day Box
1.0	package(s)	Pre-cooked Bacon	Day Box	1.0	whole	Yellow Onion	Produce Crate

Lunch Taco Salad 2nd Half

Lunch Day #22

Individuals served: 16

Dietary restrictions / allergens: **Wheat/Gluten, Dairy**

Before leaving camp, drain all cans and mix together with taco seasoning to taste. Put in big ziplock bag in a cooler until lunch time. Find a cool spot, and chop lettuce and crush up some chips and add to bean mix. Serve in tortillas with beef jerky on the side.

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
1.0	package(s)	Guacamole	Dairy Cooler	1.0	bag(s)	Beef Jerky	Day Box
1.0	tub(s)	Sour Cream	Dairy Cooler	1.0	package(s)	Taco Seasoning	Day Box
0.75	package(s)	Flour Tortillas	Bread Box	1.0	bag(s)	Tortilla Chips	Day Box
2.0	can(s)	Black Beans	Day Box	1.0	package(s)	Cookies	Day Box
2.0	can(s)	Canned Kidney Beans	Day Box	1.0	can(s)	Canned Corn	Day Box
2.0	can(s)	Pinto Beans	Day Box	1.0	can(s)	Diced Green Chiles	Day Box
1.0	jar(s)	Salsa	Day Box	1.0	head(s)	Green Cabbage	Produce Crate

Appetizer Smoked Gouda and Crackers

Appetizer Day #23

Individuals served: 16

Dietary restrictions / allergens: **Wheat/Gluten, Dairy**

*Note: Please check food notes for any possible adjustments or dietary modifications for the day.
Slice block of gouda. Serve with crackers and enjoy!

Qty	Unit	Ingredient	Packing notes
1.0	whole	Block Gouda Cheese	Dairy Cooler
4.0	package(s)	Crackers	Day Box

Dinner River Pasta with Chicken

Dinner Day #23

Individuals served: 16

Dietary restrictions / allergens: **Wheat/Gluten, Chicken**

Cook pasta according to directions on package. Drain pasta and toss with oil from sun-dried tomato jar. While pasta is cooking, start chicken with Italian seasonings and oil in skillet or dutch oven. When brown, add drained tomatoes, olives and artichoke hearts. Toss with pasta and additional oil (if necessary). On griddle melt butter and add rest of garlic and spices, place bread on top of butter and brown. Top pasta with parmesan and enjoy!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
4.0	pound(s)	Cubed Chicken	Meat Cooler	4.0	can(s)	Canned Artichoke Hearts	Day Box
1.0	whole	Parmesan Cheese Block	Dairy Cooler	4.0	bag(s)	Penne Pasta	Day Box
8.0	ounce(s)	Butter	Dairy Cooler	3.0	jar(s)	Sun Dried Tomatoes	Day Box
2.0	loaf	Sourdough	Bread Box	3.0	can(s)	Black Olives	Day Box

Breakfast Bagels with Hard Boiled Eggs

Breakfast Day #23

Individuals served: 16

Dietary restrictions / allergens: **Wheat/Gluten, Dairy, Peanuts**

Add cold water to pot, carefully place eggs to pot and add water until 1 inch above eggs. Bring pot to a boil. Once boiling, add lid to pot and turn OFF burner. Let eggs simmer for about 8-12 minutes depending on desired doneness *Note: cooking times vary based on elevation. Remove and let cool before peeling. Boil eggs the night before for a quick and easy morning! Toast bagels on griddle if desired and assemble with cream cheese and pb&j.

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
2.0	package(s)	Cream Cheese	Dairy Cooler	1.0	jar(s)	Peanut Butter	Day Box
3.2	bag(s)	Bagels	Bread Box	1.0	jar(s)	Jelly	Day Box
3.0	dozen(s)	Eggs	Egg Can	1.0	pound(s)	Coffee	Day Box

Lunch Roast Beef Wraps 2nd Half

Lunch Day #23

Individuals served: 16

Dietary restrictions / allergens: **Wheat/Gluten, Dairy, Beef**

Before leaving camp, make sure meat is thawed. Stop somewhere pretty, chop veggies and assemble wraps as desired.

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
4.0	pound(s)	Sliced Roast Beef	Meat Cooler	1.0	jar(s)	Pickles	Day Box
2.0	pound(s)	Sliced Cheddar Cheese	Dairy Cooler	2.0	can(s)	Stax	Day Box
1.0	package(s)	Guacamole	Dairy Cooler	1.0	package(s)	Cookies	Day Box
0.75	package(s)	Flour Tortillas	Bread Box	2.0	can(s)	Diced Tomatoes	Day Box
1.0	bottle(s)	Mayonnaise	Day Box	1.0	whole	Red Onion	Produce Crate
1.0	bottle(s)	Mustard	Day Box				

Appetizer Bruschetta

Appetizer Day #24

Individuals served: 16

Dietary restrictions / allergens: **Wheat/Gluten**

*Note: Please check food notes for any possible adjustments or dietary modifications for the day.
Serve as is or warm up on stove top for 1-2 minutes on low, stirring consistently. Dip with pita chips and enjoy!

Qty	Unit	Ingredient	Packing notes
2.0	jar(s)	Bruschetta	Day Box
1.0	bag(s)	Pita Chips	Day Box

Dinner BBQ Pulled Pork (PM)

Dinner Day #24

Individuals served: 16

Dietary restrictions / allergens: **Wheat/Gluten, Pork**

Alternative pre-made meals will be supplied for those with dietary restrictions. Check the cooler!!
Place boil-in-a-bag bags into boiling water until heated through. See "Boil in a Bag" instructions in trip binder. Sweet potatoes simply need to be heated with butter in a pan or dutch oven. Heat beans in a pan. Toast buns on griddle with butter if desired. Serve with BBQ sauce and enjoy!

Qty	Unit	Ingredient	Packing notes	Qty	Unit	Ingredient	Packing notes
4.0	pound(s)	BBQ Pulled Pork (PM)	Meat Cooler	2.0	package(s)	Hamburger Buns	Bread Box
1.0	package(s)	Frozen Sweet Potatoes	Meat Cooler	1.0	bottle(s)	BBQ Sauce	Day Box
8.0	ounce(s)	Butter	Dairy Cooler	4.0	can(s)	Baked Beans	Day Box

Dessert Pepperidge Farms Cookies

Dinner Day #24

Individuals served: 16

Dietary restrictions / allergens: **Wheat/Gluten**

Qty	Unit	Ingredient	Packing notes
2.0	package(s)	Pepperidge Farms Cookies	Day Box

Breakfast Leftovers

Breakfast Day #24

Individuals served: 16

Finish anything!!

Qty	Unit	Ingredient	Packing notes
1.0	whole	Any Leftover Food!	Everywhere

Lunch En Route to Flagstaff

Lunch Day #24

Individuals served: 16

Qty	Unit	Ingredient	Packing notes
1.0	whole	Lunch on the road!	